

## MCGUIRE VA MEDICAL CENTER RICHMOND

### POST-CT SCAN INSTRUCTIONS

#### IV CONTRAST

For patients who received intravenous contrast:

1. **Drink plenty of liquids and drinks.** Drinks should be non-dehydrating, such as water, clear juices, decaffeinated coffee / tea, or clear liquids such as broth. This helps in getting rid of IV and oral contrast.
2. **Do not use NSAID's for 24 hours following IV contrast administration.**  
Examples of NSAID's are: Aspirin, Alleve, Amigesic, Celebrex, Clinoril, Daypro, Dolobid, Feldene, Indocin, Lodine, Motrin, Naproxen, Naprosyn, Orudis, Relafen, Tolectin, Toradol, Vioxx, and Voltaren.
3. If you are **DIABETIC** and taking **Avandamet, Glucophage, Glucophage XR, Glucovance, Metformin, or Metaglip**, discontinue your medication for 48 hours after the examination. Contact your referring physician if necessary.

**Restart Medication Date:** \_\_\_\_\_.

**Pre-scan eGFR <45, Repeat Labs (eGFR) Date:** \_\_\_\_\_. **Do Not Start Medication until lab results are back and cleared by referring Doctor.**

**Patient Signature:** \_\_\_\_\_

**Technologist Signature:** \_\_\_\_\_

4. If you are breastfeeding, discard breast milk for 24 hours after injection.

#### ORAL CONTRAST

For patients who got oral contrast only or both Oral and IV contrast:

5. Oral contrast Barium can sometimes cause constipation. If you don't pass stool in the next 48 hrs, use of a mild laxative such as Milk of Magnesia or Lactulose may help. Please contact your primary care or CT scan ordering physician for possible enema.

CT Scan Report will be available in CPRS (Electronic Medical Record system) for your ordering physician. If you need a report, or a CD/DVD of the CT scan, please contact Office of Release of Information: 804-675-5606. If you have any further questions please contact: 804-675-5235.