

SINGLE CONTRAST BARIUM ENEMA LETTER FOR DIABETICS.

You are scheduled to have BARIUM ENEMA on the following date and time:

PLEASE READ THIS LETTER CAREFULLY. IT CONTAINS VERY IMPORTANT INFORMATION.

CANCELLATIONS: If you are unable to keep this appointment, you must immediately call (804)675-5237 and please leave a message. Cancellation may lead to delay in your treatment.

In the past 1week if you had to DRINK BARIUM or x-ray contrast, please call (804)675-5237.

If you weigh **OVER 390 POUNDS**, please call (804)675-5237.

DAY BEFORE THE PROCEDURE:

The VA pharmacy should be sending you a bowel cleansing kit separately from this letter. Please follow the Directions that accompany the kit.

If you take NPH INSULIN only take ½ of your normal dose. **DO NOT TAKE YOUR REGULAR INSULIN.** Do not take any oral medicines for Diabetes on the day before your procedure (e.g. Glipizide, Metformin, etc).

Continue drinking clear liquids that have sugar and diet drinks for the entire day till midnight like water, Gatorade, Gatorade without sugar, apple juice, white grape juice, broth, Jell-O, soda, tea, black coffee, & popsicles. No red liquids.

TAKE ROUTINE MEDICATIONS (except diabetic pills and Insulin) WITH SMALL SIPS OF WATER.

Drink at least one drink with sugar before going to bed at night.

DAY OF THE PROCEDURE:

DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR EXAM.

Do not take any INSULIN or DIABETIC pills on the day of the exam. Take all other pills with **small sips of water.**

Check your blood sugar prior to coming in for your appointment. Bring some sugar hard candy/ glucose tablets with you to the hospital in case you get signs of low blood sugar as listed (sweating, shakiness, blurred vision, extreme hunger, tiredness and light headedness). If you experience any of those symptoms drink a sugar drink or glucose tablets.

ARRIVE 15 MIN BEFORE YOUR APPOINTMENT TIME. If late, you may have to be rescheduled. Be prepared to wait as emergent studies may take longer than expected.

For information please visit the website: www.radiologyinfo.org

If you have any questions please call (804)675-5237.

We appreciate having this opportunity to serve you!

Radiology Service
H.H. McGuire VAMC
(804) 675-5237