

## **SINGLE CONTRAST BARIUM ENEMA LETTER**

You are scheduled to have BARIUM ENEMA on the following date and time:

PLEASE READ THIS LETTER CAREFULLY. IT CONTAINS VERY IMPORTANT INFORMATION.

**CANCELLATIONS:** If you are unable to keep this appointment, you must immediately call (804)675-5237 and please leave a message. Cancellation may lead to delay in your treatment.

In the past 1week if you had to DRINK BARIUM or x-ray contrast, please call (804)675-5237.

If you weigh **OVER 390 POUNDS**, please call (804)675-5237.

### **DAY BEFORE THE PROCEDURE:**

**The VA pharmacy should be sending you a bowel cleansing kit separately from this letter. Please follow the Directions that accompany the kit.**

Do not eat solid foods or drink milk products till exam. Drink a lot of clear liquids like water, Gatorade, apple juice, white grape juice, broth, Jell-O, soda, tea, black coffee, & popsicles. No red liquids. **Take routine medications with small sips of water.**

After midnight, do not eat, drink, smoke or chew.

### **DAY OF THE PROCEDURE:**

Do not eat, drink, chew or smoke till exam. Take routine medications (except Diabetic pills and Insulin) with small sips of water. Arrive at the Radiology department. Once registered, we will perform xray to look for residual stool. Bring an extra pair of underwear.

**ARRIVE 15 MIN BEFORE YOUR APPOINTMENT TIME.** If late, you may have to be rescheduled. Be prepared to wait as emergent studies may take longer than expected.

For information please visit the website: [www.radiologyinfo.org](http://www.radiologyinfo.org)

If you have any questions please call (804)675-5237.

**We appreciate having this opportunity to serve you!**

Radiology Service  
H.H. McGuire VAMC  
(804) 675-5237