

## ULTRASOUND (FASTING-DIABETIC)

You are scheduled to have an ULTRASOUND EXAM (FASTING-DIABETIC) on the following date and time:

PLEASE READ THIS LETTER CAREFULLY. IT CONTAINS IMPORTANT INFORMATION.

CANCELLATIONS: If you are unable to keep this appointment, you must immediately call 804.675.5883. Cancellation may lead to delay in your treatment.

EAT a fat-free meal on the evening before the test.

DO NOT EAT, DRINK or TAKE MEDICATIONS AFTER MIDNIGHT THE NIGHT BEFORE YOUR EXAM. Bring your medications with you and take them after the exam.

If your appointment is in the afternoon DO NOT EAT, DRINK or TAKE MEDICATIONS 6 hrs before the Ultrasound. Bring your medications with you and take them after the exam.

DO NOT take INSULIN or DIABETIC pills (Glipizide, Metformin, etc) on the day BEFORE the exam.

Check your blood sugar prior to coming in for your appointment. Bring some sugar hard candy/glucose tablets with you to the hospital in case you get signs of low blood sugar as listed (sweating, shakiness, blurred vision, extreme hunger, tiredness and light headedness).

ARRIVE 15 MIN BEFORE YOUR APPOINTMENT TIME and REPORT TO THE RADIOLOGY (X-RAY) FRONT DESK FOR CHECK IN. If you are late, you may have to be rescheduled. Be prepared to wait as emergent studies may take longer than expected.

For information please visit the website: [www.radiologyinfo.org](http://www.radiologyinfo.org)

If you have any questions please call 804.675.5883

We appreciate having this opportunity to serve you!

Radiology Service  
H.H. McGuire VAMC  
804.675.5883