

Psychology Internship Program

<http://www.richmond.va.gov/services/Psychology.asp>



Richmond VA Medical Center

Director of Training for Psychology (116B)
1201 Broad Rock Blvd
Richmond, Virginia 23249

(804) 675-5000, extension 5106

<http://www.richmond.va.gov/>

MATCH Number:

General Track 206911

Health Psychology Track 206912

MH Across the Life Span 206913

Interprofessional Geropsychology Track 206914

Application Deadline: November 11th, 2016

Accreditation Status

The predoctoral internship at the **Richmond VA Medical Center** was accredited by the Commission on Accreditation (CoA) of the American Psychological Association in June 2010 for seven years. We will submit our next self-study in 2017 and anticipate a site-visit in the Fall of 2017.

Questions related to the program's accreditation status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE
Washington, DC 20002-4242
(202) 336-5979

<http://www.apa.org/education/grad/program-accreditation.aspx>

The predoctoral internship has been a member of the Association of Postdoctoral Psychology and Internship Centers (APPIC) since December 2008 and participates in the National Match. To view the APPIC Directory, obtain the most recent version of the AAPI, and to access APPIC Policies, go to the APPIC website at www.appic.org. The National Matching Service can also be accessed through the APPIC website, or directly at www.natmatch.com/psychint/.

Eligibility

ELIGIBILITY REQUIREMENTS FOR ALL PROGRAMS

1. U.S. citizenship. VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns and fellows must complete a Certification of Citizenship in the United States prior to beginning VA training.
2. A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any US government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Exceptions can be granted only by the US Office of Personnel Management; exceptions are very rarely granted.
3. Interns and Fellows are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.
4. VA conducts drug screening exams on randomly selected personnel as well as new employees. Interns and Fellows are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing as are other employees.

ADDITIONAL ELIGIBILITY CRITERIA FOR INTERNSHIP

Internship applicants also must meet these criteria to be considered for any VA Psychology Internship Program::

1. Doctoral student in good standing at an APA-accredited graduate program in Clinical or Counseling psychology. Persons with a doctorate in another area of psychology who meet the APA criteria for respecialization training in Clinical or Counseling Psychology are also eligible.
2. Approved for internship status by graduate program training director.

Application & Selection Procedures

Candidates for internship must be U. S. Citizens from APA-approved programs in clinical or counseling psychology and must be approved for internship by their schools. Further, candidates should anticipate that they would complete all doctoral requirements within one year following internship. No applicants from programs awarding degrees in areas other than psychology will be accepted.

Candidates' materials are reviewed by the training committee psychologists. Reviewers evaluate the applicant's ability, record of achievement, interests and and potential compatibility with the internship program. These rankings may be used to prioritize interview offers. All applications received by the deadline are reviewed, and applicants will be notified via e-mail or mail whether their materials are complete.

Applicants invited for interviews will be notified by e-mail in early December. On-site interviews will be conducted on January 6th, 9th, and 13th in 2017; telephone interviews are offered in lieu of on-site interviews upon request.

NOTE TO APPLICANTS AND DIRECTORS OF TRAINING AT HOME PROGRAMS

We WILL NOT assign letter grades for internship performance. The home school is sent copies of the final evaluations of each major rotation completed by the intern indicating successful or unsuccessful completion and a letter from the internship Director of Training indicating the intern's final internship completion status.

Application Procedures

All applicants for internship must submit the following:

1. Curriculum Vitae (must state US Citizenship)
2. Completed APPIC Application for Psychology Internship (AAPI). Please specifically address how the Richmond VAMC internship will meet your training and professional goals and specify which track or tracks for which you wish to be considered. Note: The AAPI is available on the APPIC Website at <http://www.appic.org/>
3. **Our APPIC Match Numbers are:**

General Internship Track	206911
Primary Care Mental Health Track	206912
MH Across the Life Span Track	206913
Interprofessional Geropsychology Track	206914
4. For the General, Interprofessional Geropsychology and MH Across the Life Span Tracks a sample, adult, Psychological Evaluation which integrates assessment of personality and cognitive and/or neuropsychologic functioning. There should be no identifying information in the report.
5. For the Primary Care Mental Health Track a work sample such as in intake, treatment plan/conceptualization, pre-surgical evaluation or discharge summary of a case involving health or primary care mental health issues. There should be no identifying information included.

Your application must also include the following:

1. Three letters of reference from faculty or other professionals who are well acquainted with you and your qualifications.
2. All graduate school transcripts.

Michael S. Ellwood, Ph.D.
Director of Training for Psychology (116B)
Veterans Affairs Medical Center

1201 Broad Rock Blvd
Richmond, Virginia 23249

(804) 675-5000, extension 5106
Email: Michael.Ellwood@va.gov

If there are questions about the internship program or if you need to check the status of your application, please call the psychology office at (804) 675-5000, extension 5106, and indicate that you wish to speak with the Director of Training about the internship program.

Notification Procedures

The internship program follows APPIC guidelines regarding offers and acceptance of internship positions. APPIC policy may be subject to change and modification. Applicants should, therefore, be in contact with their program director for the most up-to-date guidelines. A copy of current APPIC policies regarding uniform notification procedures is available on the APPIC website. To view the APPIC Directory, obtain the most recent version of the AAPI, and to access APPIC Policies, go to the APPIC website at www.appic.org. The National Matching Service can also be accessed through the APPIC website, or directly at www.natmatch.com/psychint/.

National Matching Service may be contacted at:

National Matching Services Inc.
20 Holly Street, Suite 301
Toronto, Ontario
Canada M4S 3B1
Telephone: (416) 977-3431
Fax: (416) 977-5020

or

National Matching Services Inc.
P.O. Box 1208
Lewiston, NY 14092-8208
Telephone: (716) 282-4013
Fax: (716) 282-0611

Psychology Setting

There are over 40 full-time, doctoral level psychologists participating in a wide range of activities at the Richmond VAMC. In addition to traditional roles in Mental Health, staff psychologists are critical members of the Substance Abuse, PTSD, Polytrauma and TBI, Spinal Cord Injury, Geriatric/Homebased Care, Health Psychology and Primary Care Mental Health programs. The Richmond VAMC is a lead medical center in the VA system of care and is privileged to offer many specialty programs (e.g., Polytrauma, SCI, & Transplant Services) which include psychologists and allow for unique training



and career development opportunities. Our training program includes post-doctoral fellowship and practicum positions in these areas as well. Staff and trainees benefit from our strong relationship with the faculty and students of the doctoral programs in Clinical and Counseling Psychology as well as with psychologists at the Medical College of Virginia at Virginia Commonwealth University (VCU); many of our psychologists hold affiliate appointments at VCU.

Training Model and Program Philosophy

Our program is built upon a practitioner-scholar model of training. We support the view that good clinical practice is based upon understanding and practicing the science of psychology. Specifically, the science of psychology is informed by the experience of working with a variety of patients and supervisors and professionals from other disciplines. Our approach to training encourages clinical practice that is evidence-based and integrates the current state of scientific knowledge with the complexities of individual patients. While trainees may ultimately develop careers that emphasize one aspect of the model more than the other, our expectation is that clinicians will practice from a scientific basis with clinical sensibility. Our Interns are encouraged to participate in ongoing scholarly opportunities such as journal clubs and, if inclined, supported in efforts to contribute to staff research projects.

Psychologists treat and study psychological problems in a variety of social, cultural and treatment settings. We see awareness of and sensitivity to cultural/diversity issues as necessary for responsible professional functioning. Interns attend monthly diversity seminars and a day long diversity conference and incorporate cultural and diversity issues in ongoing clinical supervision. Understanding how these factors interact to influence a patient's desired outcomes is a critical ability for psychologists. Thus, our training focuses on interns learning to assist patients in defining goals and then achieving optimal psychological, physical, and social functioning within contextual limits. Successful interns demonstrate the ability to integrate best-practice approaches with unique patient care needs and communicate these plans to patients and other professionals across populations, settings and problem areas.

Program Goals & Objectives

The general purpose of our program is to train general adult practitioners. We aim to: 1) advance the intern's application of critical thinking skills to clinical cases, research issues and organizational processes; and 2) to ensure interns can communicate clearly with a variety of audiences (patients and professionals). Interns broaden these skills in seminars, weekly individual and group supervision and consultation, and interdisciplinary meetings. As a foundation for competent, independent practice, seminars and supervision focus on mastery of standardized psychological and neuropsychological screening protocols and implementation of evidence based care models for PTSD, Substance Abuse, Traumatic Brain Injury, Seriously Mentally Ill, Insomnia and Depression. Successful interns must demonstrate entry-level competence in the following 7 Goals:

Goal 1. Assessment and Diagnostic Skills. To produce entry level psychologists who are able to assess a diverse range of individuals with a variety of psychosocial, neuropsychological and medical problems. Objectives: To ensure interns develop interview, chart review and assessment instrument selection skills (including use of objective, self-report, structured interview and neuropsychological screening instruments); to develop interns' ability to formulate accurate differential diagnoses; to develop interns' ability to generate integrated treatment plans and recommendations which reflect the interdisciplinary needs of patients; to provide clear and concise feedback (verbal and written) to referral sources, other providers, patients and families.

Goal 2. Intervention Skills. To produce entry level psychologists who are able to provide competent care to culturally diverse populations and across a range of presenting problems. Objectives: to develop interns' ability to conceptualize treatment issues, plans and goals within a coherent theoretic model; to develop interns' skills to implement group and individual psychotherapy interventions using evidence based treatments; and to develop interns' monitoring of therapeutic outcome/progress and appropriate adjustment of treatment strategies.

Goal 3. Consultation and Supervision Skills. To produce entry level psychologists who demonstrate the ability to provide competent consultation to medical and allied health providers, peers, patients and other referral sources and possess a basic understanding of dynamics and ethical issues involved in these activities. Objectives: to increase interns' ability to recognize and acknowledge the limits of their professional knowledge and capabilities and to communicate this clearly when presenting conceptualizations and recommendations and other consultation; to develop interns' ability to provide consultation and give appropriate feedback.

Goal 4. Scholarly Inquiry. To produce entry level psychologists who demonstrate a critical understanding of the research regarding evidence based treatments and the assessment instruments they employ. Objectives: to develop interns' ability to apply critical thinking to clinical research; to foster interns' ability to discuss strengths and weaknesses of assessment and intervention strategies in supervision and peer interactions such as journal clubs and interdisciplinary teams.

Goal 5. Professional Issues. To produce entry level psychologists who recognize and acknowledge their professional strengths and limitations and consistently demonstrate competence in seeking and applying feedback from supervision and consultation. Objectives: to develop interns' ability to identify knowledge and skills limitations and to use supervision and consultation to address these effectively; to develop interns' ability to self-monitor and be alert to the effect of interpersonal processes in their work.

Goal 6. Ethical Behavior. To produce entry level psychologists who demonstrate competence in their understanding of professional ethical principles in all spheres of psychological practice. Objectives: to be knowledgeable about general professional standards and conduct and to be aware of APA Ethical Principles as they apply to

professional conduct and practice; to develop interns' ability to apply ethical decision making processes; to exhibit professional and ethical behavior in clinical work;.

Goal 7. Diversity. To produce entry level psychologists who demonstrate an awareness of and sensitivity to the role of individual and cultural differences in the practice of psychology. Objectives: to develop interns' knowledge and integration of issues related to individual, cultural and societal factors in conducting assessments, providing interventions or consultation, or interpreting research.

Program Structure

We have three tracks. The **General Internship Track, Primary Care Mental Health Track, and the MH Across the Life Span Track**. Applicants may apply to one, two or all three; they should make it clear in their cover letters which tracks they wish to be consider for; The primary difference between the General Track and the two speciality tracks is the choice of major rotations available to General Track interns versus the year long concentration in Health Psychology and related work in the Primary Care Mental Health Track and the set rotations established for the MH Across the Life Span Track (see description below).

Experiences common to all tracks:

All interns, regardless of track, share several year-long experiences in the Mental Health Clinic (MHC). In the MHC an intern conducts intakes, follows approximately 5 outpatient therapy cases weekly, and completes one integrative psychological evaluation per month.

All interns are exposed to core EBTs beginning with Motivational Interviewing (MI). Through didactic experiences and group consultation (including use of role-plays and recorded sessions) interns will learn and demonstrate entry-level psychologist competency in the use of MI. Following this experience, interns may elect to focus on developing skills using Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), Cognitive Behavioral Therapy for Insomnia (CBTi), Acceptance and Commitment Therapy (ACT) or Dialectical Behavioral Therapy (DBT).

All interns will have individual outpatient case supervision and rotation supervisorsion weekly. Outpatient cases will come from the Outpatient Mental Health Clinic, PTSD Program, and the Military Sexual Trauma programs. Additionally all interns participate in the weekly mental intake supervision and case conference and bi-weekly psychological assessment didactics, supervision and case conference. Assessments will cover a range of presenting problems including referrals from health psychology and presurgical psychological clearance evaluations to personality and differential diagnositic assessments and neuropsychological screenings; interns are expected to complete one assessment montly. Interns are expected to demonstrate competency across all areas and may choose to develop more advanced skills in areas such as neuropsychological evaluation if desired. Group psychotherapy options include Seeking

Safety, DBT Skills Group, Cognitive Behavioral Therapy for insomnia, Pain Management, Mindfulness Group, Social Skills and Recovery Groups.

Ultimately skill, knowledge and competency are determined through observation using a combination of live supervision and review of recorded sessions. Interns receive individual supervision from rotation supervisors, weekly group supervision for intakes, and weekly, individual supervision for ongoing therapy cases. Our interns' training experiences are graduated to ensure they demonstrate core skills necessary to conduct a thorough initial assessment, to formulate initial five axis diagnosis, to guide recommendations for more specialized psychological assessment, and to generate treatment recommendations and planning. Assessment experiences become increasingly complex and include the ongoing use of measures to track progress in treatment. Seminars and didactics include review of research regarding empirically based treatments (EBTs) for specific problems and the use of measures to track therapy progress/outcomes.

General Internship Track Specifics:

We have 3 positions annually for the **General Track**. Interns on the **General Track** have three, four-month long major rotations. Rotations offer interns the opportunity for exposure to a range of professional activities selected from Mental Health and Behavioral Health experiences (see below for rotation options) in addition to assessment experience.

Health Psychology Track Specifics:

We have 1 position annually for the **Primary Care/Health Psychology Track**. Interns on this track have a year long experience working as a member of Patient Aligned Care Teams (PACT) in Primary Care and Specialty Care settings. In the primary care setting interns are involved in behavioral consultation with interdisciplinary teams, focused behavioral health assessments and brief interventions; additionally, interns serve as members of the PACT in the a patient-centered Medical Home Model and co-facilitate shared medical appointments, assist with e MOVE! (weight loss) program, co-lead telehealth based groups, provide behavioral health treatments for a range of medical issues (see Health Psychology rotation description below), and co-lead pain management groups. Medical and pre-surgical assesment experiences include pre-organ transplant, pre-hepatitis C treatment, weight loss surgery and pre-screening for heart transplant, AICD and LVAD procedures. Interns on this track may elect to create up to two minor rotations from the rotations described below with the approval of their supervisor and the director of training. **Primary supervisors for this track are: Drs. Emrich, Farrell-Carnahan, Gsell, Helbok and Rooney.**

MH Across Lifespan Psychology Intern Track:

We have 1 position annually for the **Lifespan Psychology Intern Track** . Psychology trainees will be assigned to 3, 4 month rotations progressing from PRRC, Inpatient

Psychiatry, and concluding with Geriatrics/CLC. This progression will introduce them to the essential skills and techniques working with Veterans with SMI. After completion of the PRRC (outpatient) rotation, interns will become a member of the inpatient psychiatric team. A final progression to Inpatient Geriatrics and CLC will occur as a final, 4-month rotation. Interns at this point will have a firmer appreciation for SMI within formal Mental Health Service programs. They will be equipped with foundational skills necessary to generalize learning to areas outside of the formal Mental Health Service umbrella. In sum, interns will progress through a series of 3 rotations during the training year. Minor rotations may occur throughout the experience such that psychology trainees have exposure to specialized training in other areas of critical importance to the discipline, as for instance in differential diagnosis via formal psychological or neuropsychological assessment.

Psychosocial Rehab and Recovery Center (PRRC) Activities: Involvement will include individualized assessment and recovery planning, classroom-based psycho-education and skills training, building of social support networks, consumer and family education/psycho-education on mental health-related issues, dual diagnosis treatment, linkage with vocational assistance, and linkage to other resources. Interns will have the opportunity to participate in ongoing program development projects, such as the writing and/or updating of course curriculum to ensure class materials reflect evidence-based/emerging best practices, as well as outcome measurement efforts. Supervisor: Dr. Mary Bradshaw

Inpatient Activities: Participate as a member of the interdisciplinary treatment team. Perform group therapy, consumer and family education/psycho-education on mental health-related issues; brief individual therapy, psychological assessment for diagnostic clarification; and assessment and linkage to other resources as indicated. Additionally, interns may have the opportunity to participate in ongoing program development projects, such as the writing and/or updating of course curriculum to ensure class materials reflect evidence-based/emerging best practices and current rehabilitation needs of the patients served, involvement in the unit level system, as well as outcome measurement efforts. Supervisor: Dr. Diane Harris

Substance Abuse Treatment Program (SATP) Activities: Participate as a member of the interdisciplinary team for outpatient and residential programs. Interns will be involved in providing recovery and CBT focused psychotherapy groups, treating individuals with dual diagnoses, providing psychoeducation and psychological assessments, and individual therapy and family therapy. Supervisor: Dr. Jarrod Reisweber

Community Living Center (CLC) Activities: Intern's duties include participation on the interdisciplinary team, mood evaluation, individual psychotherapy, neuropsychological evaluation, behavior management consultations, and complex case management are integral aspects of this rotation. Trainees will serve as full participating members of the interdisciplinary treatment teams in the Rehabilitation, Nursing Home and

Hospice/Palliative Care units of the CLC. Supervisors: Drs. Kathleen McCune, Rebecca Fromme (gero-neuropsychologist), and Dr. Carl Williams.

Interprofessional Geropsychology Track:

We have 2 positions to fill for the **Interprofessional Geropsychology Track**. Applicants who match to this track will become part of an interprofessional mental health training program anchored in our Geriatric Extended Care Service. The interprofessional program includes 2 Predoctoral Psychology interns, 4 Chaplaincy Residents, and 1 Social Work Interns. The interprofessional program includes shared trainings in Motivational Interviewing and Caregiver Reach Support; didactics focused on each discipline's approach to assessment, intervention, professional development and ethics differ, overlap and complement the others; and development and provision of presentations to staff and patients regarding how each discipline contributes to addressing biopsychosocial-spiritual effects on mental health.

Psychology Interns on this track will complete 3, 4-month long major rotations; the first 2 rotations will be in: Geropsychology (this includes the Long-term Care unit, Geropsychological Screening, and Rehabilitation units); and Home Based Primary Care. The final rotation is elective and will be designed by the trainee and supervisors to reflect trainee interests and learning needs. This final rotation can emphasize additional experiences in gero-neuropsychological evaluation, Hospice/Palliative Care, or Oncology. In addition to major rotations each intern will complete minor rotations co-leading a Moral Injury Group in our PTSD program, co-leading a Relapse and Recovery Group in our Substance Abuse Treatment Program, and observing a Social Skills Training Group in our Psychosocial Recovery and Rehabilitation Center. Finally, as with all our interns, Geropsychology Track Interns will carry 3-5 outpatient mental health therapy cases, complete outpatient psychological evaluations, and attend didactics and seminars with other psychology interns. Core Faculty: Drs. Rebecca Fromme, Kathleen McCune and Carl Williams.

Evaluation and Assessment of Intern Progress:

Assessment of the program's effectiveness is continuous and involves staff perceptions, supervisor observations, and intern feedback. Monthly training committee meetings are a critical part of the monitoring process. Training concerns will be reviewed, seminar evaluation information assessed and any necessary changes to curriculum or training goals/objectives (for the program overall or specific interns) will be addressed at these meetings. The interns may rotate as members of the training committee throughout the year.

Intern Evaluation: Ongoing feedback is provided to interns by their supervisors. When ever possible, it is our goal to identify areas needing development and incorporate these into an intern's training plan rather than needing to address formal problems or deficiencies. Midterm and final evaluations are conducted on each intern in

accordance with the rotation schedule. At the completion of rotation final evaluations are provided by the supervisor(s) using the "Predoctoral Psychology Intern Evaluation Form."

- In the event that an intern receives a midterm evaluation on a rotation indicating their performance on a competency goal is below that of "entry level for an intern" OR at the completion of either of the first two rotations they receive an evaluation indicating their performance on a competency is below that expected of an intern performing at "exit level" at rotation completion, the intern, supervisors and the Director of Training (DOT) will develop a formal plan to address training needs.
- Copies of all evaluations are provided to the intern and results are summarized and sent to the intern's home university. Evaluation documents become part of the intern's permanent internship program file.

Supervisor Evaluation: Interns complete a written evaluation of all rotation supervisors by completing the "Supervisor Evaluation Form" at the end of the training year and submit it to the DOT.

Major Rotations: General Track interns select three major rotations to complete during the training year. The Primary Care Mental Health/Health Psychology Track Intern and the MH Across the Life Span Track intern

Mental Health Clinic and Inpatient Unit (4 month major rotation): This rotation is in addition to the year long experience required of all interns. Interns electing this rotation will gain additional experiences with inpatient and outpatient mental health responsibilities of a clinical psychologist. Interns enhance knowledge and proficiency in the assessment of severe psychopathology and personality disorders; and disorder-relevant cognitive functions. Trainees learn to adapt empirically-supported interventions to match the goals of patients with severe and persistent mental disorders and to assist them with developing strategies for relapse prevention. Interns are assigned individual cases and may participate co-leaders of psychotherapy and psychoeducational groups. Interns will learn of essential elements of vocational assessment, counseling and rehabilitation during this rotation. Depending on the intern's interests and caseload, the intern may have the opportunity to co-lead additional outpatient groups (e.g., DBT, Social Skills Training, Understanding the Effects of Trauma, Cognitive Processing Therapy, Grief, Nightmare Reduction, etc.). **Supervisor: Dr. Laura Wagner.**

Inpatient Psychiatric Unit (4 month major rotation): This rotation is in addition to the year long experience required of all interns. Interns electing this rotation will gain additional experiences with inpatient mental health responsibilities of a clinical psychologist. Interns will gain enhanced knowledge and proficiency in the assessment of severe psychopathology and personality disorders and disorder-relevant cognitive functions. Trainees learn to adapt empirically-supported interventions to match the goals of patients with acute or persistent mental disorders. Interns will have opportunity

to facilitate therapy groups, perform brief individual therapy, provide psychological assessments, participate as a member of the interdisciplinary treatment team, and complete consults. There may be opportunity to engage in program evaluation or outcome measurement efforts.

Supervisor: Dr. Diane Harris.

Psychosocial Rehab and Recovery Center (PRRC) (4 month major rotation): On this rotation, the intern will provide individual and group psychotherapy to patients with a particular emphasis on the treatment of seriously mentally ill veterans. There are opportunities to co-facilitate Recovery-based groups including work with peer-led groups. Interns will work with the day treatment program and can choose to develop group programming in an area of specific interest. The intern will gain experience in treating a wide range of psychological illnesses, including PTSD, Major Depressive Disorder, Bipolar Disorder, anxiety disorders, personality disorders, and psychosis. Many patients also present with comorbid substance abuse and serious medical issues.
Supervisors: Drs. Mary Bradshaw and Robert Buncher.

PTSD Clinical Team (PCT) (4 month major rotation): This outpatient program provides services to veterans with Post-Traumatic Stress Disorder. Interns will join a multidisciplinary team (psychologists, social workers, psychiatrist, nurse practitioners) and provide evaluation and individualized treatment planning. Treatment objectives are to decrease PTSD symptoms, to improve coping resources and self-image, and to increase self-awareness of behaviors and feelings. Treatment modalities include individual and group therapy, family/couples therapy, psycho-education, and psychotropic medication management. Interns will enhance knowledge and proficiency related to treatment of posttraumatic stress disorder through the provision of multiple clinical services to include individual, couples/family and group psychotherapy; crisis intervention; weekly psychoeducational group sessions; family support and education; psychological assessment; liaison with OEF/OIF programming; and clinical consultation.
Supervisors: Drs. John Lynch, John Beneseck, and Christopher Murphy.

PTSD/SUD Program (4 month major rotation): This outpatient rotation provides services to veterans with both PTSD and Substance Use Disorders, as well as other common co-morbidities such as depression, insomnia, and complex traumatic stress disorders. PTSD/SUD treatment is offered to veterans with all forms of trauma, including child abuse and neglect, military sexual trauma, combat and war zone trauma, accidents, and other traumatic incidents. Interns work under the supervision of the PTSD/SUD Specialist and will work on both the PTSD and the SATP Teams. Treatment modalities include intake/triage, group, individual, and couples therapies. Interns will move through watching treatment to co-leading treatment to leading it. PTSD/SUD Program treatment is focused on three stages of recovery as outlined by Judy Herman: Safety and Stabilization, Remembrance and Mourning, and Reconnection. Emphasis is placed on learning evidence-based practices such as Seeking Safety, Dialectical Behavior Therapy Skills Training, Motivational Interviewing, Mindfulness Meditation, Trauma-Focused Cognitive Behavioral Therapy, and Imagery

Rehearsal Therapy. The opportunity to practice Eye Movement Desensitization and Reprocessing is also available, provided that the intern has taken Part I of the EMDR training. **Supervisor: Dr. Brian Meyer.**

Substance Abuse Treatment Program (SATP) (4 month major rotation): The SATP is comprised of outpatient and residential programs. Interns on this rotation receive training and experience in biopsychosocial substance abuse assessment and group therapy. There may be opportunity for individual therapy and family therapy. Interns will primarily be involved with the Substance Abuse Residential Rehabilitation Treatment Program but may have involvement in outpatient groups as well. Interns will be a member of the interdisciplinary treatment team for SATP.
Supervisor: To be determined

Health Psychology (4 month major rotation): This is an elective rotation and the following experiences are available to the intern depending upon intern interest and supervisor availability: Assessment of specific medical patient populations (e.g., patients with chronic pain, psychophysiological disorders, sleep disorders, and being considered for organ transplants or medical procedures); assessment of personality, psychopathology, and cognitive processes in relation to health problems; short-term individual psychotherapy; and behavior management plans. Psychological interventions related to illness adjustment issues, pain management, non-adherence to medical regimens, smoking cessation, weight management, and unhealthy behaviors.
Supervisors: Drs. Michelle Emrich, Craig Helbock, Jennifer Cameron, Meghan Rooney, and Leah Farrell-Carnahan.

Neuropsychology: Interns gain knowledge, skills, and experience in providing direct psychological care to veterans in both inpatient and outpatient settings. Outpatient consults in the neuropsychology service are typically generated by mental health, primary care, and neurology services. Outpatient consults are for a wide variety of veterans crossing the age spectrum as well as a wide variety of mechanism of injury or illness (i.e., stroke, traumatic brain injury, brain tumor). Delivery of inpatient care would occur on the Spinal Cord Injury unit as well as on medical and surgical units through the Consultation and Liaison Service. Opportunities to complete both neuropsychological screenings and comprehensive neuropsychological evaluations are available to trainees. Trainees will also be involved in team meetings and conducting feedback session with veterans and family members. **Dr. Jennifer Lumpkin.**

Geropsychology (4 month major rotation): Interns gain knowledge, skills, and experience in providing direct psychological care to older adult veterans in both inpatient and outpatient settings. Delivery of care is based in several areas, including the CLC (nursing home unit), subacute rehabilitation unit, and the palliative care/hospice unit. Interns will become knowledgeable about the unique psychological and medical issues associated with aging. Trainees may serve as team members on several different interdisciplinary teams and work to develop consultation skills with those disciplines. Emphasis is placed on psychotherapy, diagnostic interviewing, behavior management, cognitive evaluation, end of life issues, and factors associated with

treatment and care of dementia. There are opportunities for program development and psychoeducational presentations for patients and staff. Interns may choose to focus specifically on clinical geropsychology, geriatric neuropsychology, or a combination of both. **Drs. Kathleen McCune and Rebecca Fromme.**

Home Based Primary Care/Rural Health and Geriatric Care (4 month major rotation):

Interns become members of an interdisciplinary team to provide primary care to home-bound veterans and those in rural areas on the mobile clinic van. Although many patients are elderly, HBPC and the mobile clinic also frequently serve veterans with a wide range of chronic diseases and challenges. Common HBPC referrals include general mood evaluation, brief cognitive evaluations, decision-making capacity evaluations, adherence issues, and brief interventions for depression, anxiety, and adjustment to disability. Interns will gain skills in assisting patients and caregivers with the challenges of managing chronic disease, which may include supportive interventions, Motivational Interviewing, behavior management, and caregiver support. Interns often assist the team in understanding difficult patient dynamics and help staff to develop efficient strategies for managing complex patients and caregivers.

Supervisors: Drs. Jennifer Wartella and Rebecca Fromme.

Rehabilitation Psychology Rotations: These rotations are all 4 months long and include the Polytrauma Rehabilitation Center, the Polytrauma Transitional Rehabilitation Program, the Polytrauma Network Site (PNS), and the Spinal Cord Injury (SCI) unit. The Rehabilitation Psychology rotations are in accordance with the competencies aspired to by APA Division 22, Rehabilitation Psychology. Interns can elect to complete up to three of these rotations.

Polytrauma (4 month major rotation): This rotation involves work in the Polytrauma Rehabilitation Center (PRC) and Polytrauma Transitional Rehabilitation Program (PTRP), which are acute inpatient and residential treatment settings, respectively. Interns work as members of an interdisciplinary team consisting of the full complement of rehabilitation professionals (e.g., physicians, nurses, speech pathologists, occupational therapists, physical therapists, kinesiotherapists, recreational therapists, social workers, vision therapists). Interns participate in psychotherapeutic and behavioral interventions, neuropsychological evaluations, interdisciplinary treatment team meetings, and family conferences. Interns may also provide education, support and intervention to family members, who often stay in a special residence on our grounds during the patient's rehabilitation and are frequently present with patients. Interns work with patients and families in both individual and group settings. Typically an intern will elect to work in one program (PRC) for two months and then transition to the other program (PTRP) for the second half of the rotation.

Supervisors: Drs. Tom Campbell, Kathryn Wilder-Schaaf, Suzette Chopn, and Patricia Jones.

Polytrauma Network Site (PNS) clinic(4 month major rotation): This is an outpatient rehabilitation program, and interns will be members of an interdisciplinary team consisting of physicians, neuropsychologists, psychologists, social workers,

rehabilitation therapists, and other disciplines. Interns, under the supervision of a neuropsychologist, will conduct comprehensive neuropsychological evaluations with patients with diagnoses of mild, moderate, and severe traumatic brain injury, Posttraumatic Stress Disorder, among others. Interns will learn about the conduct individual, couples, and/or family psychotherapy under the supervision of a clinical psychologist. Interns will also be expected to participate in interdisciplinary treatment team meetings and family conferences. **Supervisors: Drs. Eugene Gourley, Brian Reiner, and Sharon Funari.**

Spinal Cord Injury and Disorders (SCI & D)(4 month major rotation): This is primarily an inpatient acute rehabilitation and medical unit providing a full range of rehabilitative and medical services to patients with spinal cord injuries ranging in level and severity of paralysis. Interns will develop a basic understanding of the physiologic changes which occur with various levels and degrees of spinal cord injury and the physical medicine, pharmacological options and adaptive/assistive equipment available. Participation on an interdisciplinary rehabilitation team; assessment of personality, emotional, and cognitive functioning in relation to veterans' successful participation in rehabilitation; Provision of individual, family and group therapies to address psychosocial, sexual, vocational and pain problems arising from spinal cord injury; and understanding of basic interventions to assist with adopting healthier lifestyles (e.g., smoking cessation, substance use, weight management, recreational activities). **Supervisors: Drs. Cathy Williams-Sledge, Brian Mutchler, and Brenda Scott.**

Requirements for Completion

In addition to meeting all attendance requirements, at a minimum, successful interns will receive at least satisfactory ratings from their respective supervisors for their clinical rotations, long-term patient caseloads and assessment batteries.

Facility and Training Resources

Interns are provided with Richmond VAMC office space (on or near the unit of their primary rotation). Separate space for patient assessment, treatment and testing is provided in the clinical areas. Interns are issued necessary program equipment including digital equipment (computer, printer, etc.), and granted necessary computer access including access to the VHA's Decentralized Hospital Computer Program (DHCP) and Computerized Patient Record System (CPRS).

Interns may have daily access to comprehensive medical libraries at the Richmond VAMC, and the Medical College of Virginia at Virginia Commonwealth University (MCV/VCU). Both libraries provide internet connections and copying services. The Richmond VAMC medical library has approximately 3,500 volumes (titles) and 450 professional journal subscriptions. The Medical College of Virginia (Virginia Commonwealth University) medical library has approximately 306,928 volumes (titles), and 9,980 professional journal subscriptions. Both medical libraries offer significant psychology and neuropsychology text and journal sections, as well as online journal

access. Additionally, interns may have access to local statistics packages and biostatistician consultation.

Administrative Policies and Procedures

This program supports and adheres to Equal Employment Opportunity policies and the Americans with Disabilities Act. Applications from racial, ethnic, and sexual minorities and women are strongly encouraged. No applicant will be discriminated against on the basis of race, color, creed, religion, sex, place of national origin, or age. We do not require self-disclosure.

Psychology Training Staff

Lead Psychologist

Treven C. Pickett, Psy.D, Associate Chief MHSL for Rehabilitation, Research and Education & Supervisory Clinical Psychologist

Director of Training for Psychology

Michael Ellwood, Ph.D., LCP

Director of Rehabilitation Psychology Post-Doctoral Fellowship

Thomas Campbell, Ph.D.

Director of MIRREC Post-Doctoral Fellowship

Scott McDonald, Ph.D.

John Benesek, Psy.D. 1999, University of Hartford.

Licensed Clinical Psychologist, State of Virginia

Clinical duties: Acting Director, PTSD Program; provision individual and group psychotherapy; crisis intervention; family support and education; psychological assessment; liaison with recently developed OIF/OEF program; clinical consultation; development and maintenance of patient databases; ongoing research collaboration at McGuire; faculty responsibilities through VCU Medical Center.

Research Interests: Combat-related PTSD; forensic evaluation and treatment
Chemical dependence treatment; general adult psychopathology; treatment of the chronically mentally ill.

Faculty appointments: Assistant Professor, Department of Psychiatry, Virginia Commonwealth University.

Mary Bradshaw, Psy.D. 2003, Argosy University, Washington, D.C.

Internship Site: Medical College of Virginia

Post-Doc: None

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical Duties: Psychosocial Rehabilitation Recovery Center Coordinator. Provide group and individual treatment for seriously mental ill with goal of reintegration to community.

Research Interests: None currently

Academic/Faculty Affiliations: None currently

Robert M. Buncher, Ph.D. Florida State University 1996

Internship Site: Florida State Hospital

Post-Doc: Jefferson Correctional Institution; Monticello, FL

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical Duties: Compensation and Pension Evaluations.

Clinical Interests: Psycho-Social Rehabilitation for Seriously Mentally Ill (SMI) population.

Research Interests: None currently
Academic/Faculty Affiliations: None currently

Jennifer Cameron, Ph.D., 2008 University of Alabama at Birmingham, Birmingham, Alabama
Licensed Clinical Psychologist, State of Virginia
Clinical Duties: Provide health behavior consultation to Primary Care staff and patients in individual and group formats as well as contribute to health promotion and disease prevention efforts.
Research Interests/activities: Interested in weight, sleep, cardiac, no current major projects
Academic Appointments: Affiliate Assistant Professor, Department of Psychology, VCU

Thomas Campbell, Ph.D., 2008, Virginia Commonwealth University, Richmond VA
Licensed Clinical Psychologist, State of Virginia
Clinical Duties: Polytrauma Rehabilitation Center, Neuropsychologist
Research Interests/activities: TBI and PTSD, Response Validity, Self-Report Styles
Academic Appointments: Affiliate and Adjunct Professor, VCU Department of Psychology

William Carne, Ph.D., 1980, Virginia Commonwealth University
Licensed Clinical Psychologist, State of Virginia
Clinical duties: Neuropsychological and Psychological Assessment for the Parkinson's Program and Spinal Cord Injury
Research Interests: Health Psychology
Faculty appointments: Assistant Professor, Department of Physical & Rehabilitative Medicine Virginia Commonwealth University.

Suzette Chopin, Ph.D., 2013, Virginia Commonwealth University Counseling Psychology Program.
Internship: McGuire VAMC, Richmond, Virginia
Post-Doctoral Fellowship: McGuire VAMC Rehabilitation Psychology Fellowship
Licensed Clinical Psychologist, State of Virginia
Staff Psychologist: Rehabilitation Neuropsychologist, Polytrauma Residential Program (PTRP).
Research Interests: Complementary and Integrative Medicine
Faculty appointments: Affiliate Professor in Psychology, Virginia Commonwealth University.

Emmeline Cook, PhD, 2010, Tennessee State University
Licensed Clinical Psychologist, State of West Virginia
Internship: Dutchess County Department of Mental Hygiene, Poughkeepsie, NY, APA Accredited.
Staff Psychologist: Home Based Primary Care. Dr. Cook has extensive professional experience working with SMI populations and conducting a wide range of psychological

assessments. Dr. Cook has a particular interest in DBT skills training and the assessment of malingering.

Michael Ellwood, Ph.D., 1991, Virginia Commonwealth University
Licensed Clinical Psychologist, State of Virginia

Clinical Duties: : Provide assessment, psychological testing, psychotherapy, behavioral therapy, and family therapy for newly injured and long-term Spinal Cord Injury patients as part of an interdisciplinary treatment team. Also provide patient and staff education, and assessment and treatment for patients in the SCI outpatient clinic. Director of Training for Psychology, member of Goal Sharing Committee and SCI CARF Committee.

Interests: Health Psychology in relation to SCI, depression, pain and smoking.
Faculty appointments: Adjunct Assistant Professor in Psychology, Virginia Commonwealth University.

Michelle Emrich, Psy.D., 2008, Spaulding University.

Internship: Salem VAMC, Salem, Virginia

Fellowship: Virginia Commonwealth University Health Systems-Clinical Health Psychology Training Fellowship

Licensure: Virginia

Clinical Duties: Health psychologist providing C&L services, pre-surgical and pre-transplant evaluations and targeted behavioral health treatment as part of an interdisciplinary team within specialty care.

Leah Farrell-Carnahan, PhD, 2009, Virginia Polytechnic Institute and State University
Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical Duties: Dr. Farrell-Carnahan's is the co-coordinator of the Veterans' Integrated Pain clinic (VIP Clinic). In this interdisciplinary setting, she conducts assessment and evidence-based treatment (i.e., Motivational Interviewing, Motivational Enhancement Therapy, Cognitive Behavioral Therapy for Insomnia, Cognitive Processing Therapy, Prolonged Exposure Therapy) for issues affecting Veterans with chronic pain (i.e., sleep disturbance, addiction, health behavior change, post-traumatic stress). Research

Interests: Motivational Interviewing, remote-delivery of evidence-based treatments, e-health, m-health, problematic substance use, insomnia, health behavior change

Training Duties and Didactics: Motivational Interviewing Training, CBT for Insomnia, and Substance Use Assessment.

Research Interests; Health behavior change, Substance use, Motivational Interviewing, Integrative Medicine, Veterans.

Faculty Appointments: Affiliate Assistant Professor, Department of Physical Medicine and Rehabilitation, Virginia Commonwealth University School of Medicine.

Rebecca Fromme, Ph. D. 2000, State University of New York at Buffalo, Buffalo, NY

Licensure: Virginia and New York Licensed Counseling Psychologist

Clinical Duties: Provide Neuropsychological assessment to inpatient and outpatient older adults, including screenings, capacity evaluations, and post-stroke. Serve as

consultant for staff and families on issues related to dementia, behavior management, caregiver concerns.

Training and Didactics: Geriatric Neuropsychology, Managing Difficult Patients, Geropsychology, and Boundary Issues for Medical Staff.

Research Interests: Geropsychology and Caregiver Concerns

Faculty Appointments: Adjunct Assistant Professor in Psychology, Virginia Commonwealth University.

Sharon Funari, Ph.D. Clinical Psych, 2008, VCU, Richmond, VA

Licensed Clinical Psychologist, State of Virginia

Internship: James Quillen VAMC

Clinical Duties: Primarily responsible for individual/group treatment of patients within the outpatient Polytrauma Network Site. Serve as team member to full complement of rehab team. EBPs include: IPT-D, ACT, PE, CPT

Training and Didactics: Supervise PNS rotation and provide Ethics seminars.

Research Interests/activities: psychosocial characteristics in a capital murder population; impediments to attachment in a juvenile offender population

Academic Appointments: Affiliate Assistant Professor, Department of Psychology, VCU

Eugene Gourley, Ph.D., 1998, Virginia Commonwealth University

Internship: Washington, D.C., Commission on Mental Health.

Licensure: Virginia

Clinical Duties: Dr. Gourley is a neuropsychologist with the Polytrauma Network Site (PNS). He provides supervision of interns doing screenings in outpatient neuropsychology clinic and through the SeRV-MH (Returning veteran program for OIF/OEF/OND veterans).

Allen B. Grove, Ph.D., 2010, Hofstra University

Internship: National Naval Medical Center, Bethesda, Maryland

Post-doc: U.S. Naval Hospital, Yokosuka, Japan

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical Duties: Conduct intakes, individual therapy (including Prolonged Exposure & Cognitive Processing Therapy), and group therapy (including PTSD Recovery, Anger Management, & Rational Emotive Behavior Therapy [REBT]); Supervise MIRECC Fellows & psychology interns doing the above.

Research Interests: Imaginal and Virtual Reality Exposure Procedures for Aviophobia; Prevention Programs for Oppositional Defiant & Conduct Disorders (ODD/CD); Parent Cognitions & Parent / Child Interactions; Behavioral Interventions for Attention-Deficit / Hyperactivity Disorder (ADHD)

Academic/Faculty Affiliations: None currently (past adjunct professor at Hofstra University)

Member of: American Psychological Association & Association for Behavioral & Cognitive Therapies

Margaret Gsell, Ph.D., 2011, Virginia Commonwealth University

Internship: James H. Quillen VA Medical Center, Mountain Home, TN

Post-doc: Behavioral Medicine, Geisinger Medical Center, Danville, PA

Licensed Clinical Psychologist, State of Maryland

Job Duties: **Health Behavior Coordinator, Health Promotion and Disease Prevention Program, Primary Care.** Provide group facilitation within MOVE! program, Diabetes Shared Medical Appointments, Tobacco Cessation, CBT-chronic pain. National Trainer and Consultant for VA EBP Cognitive Behavioral Therapy for Chronic Pain. Facility trainer for Motivational Interviewing and provide clinician coaching to staff.

Research Interests: Weight Management, Rural Health, Health Promotion and Disease Prevention

Academic/Faculty Affiliations: N/A

Diane Harris, Psy.D., 1999, Illinois School of Professional Psychology, Chicago

Internship: Ethan Allen School

Licensure: Commonwealth of Virginia

Clinical Duties: Staff Psychologist working in a residential substance abuse program with Veterans diagnosed with severe substance use disorders and also dually diagnosed Veterans. Also, working with Veterans admitted for inpatient psychiatric hospitalization for acute serious mental health issues that require stabilization and treatment. Perform evidenced based individual and group psychotherapy, psychodiagnostic assessment, substance abuse assessment, bio-psychosocial assessment, supervision of a Peer Support Specialist, supervision of intern in Lifespan rotation, and program development as required. Provides consultation to the treatment team as well as other staff within the VA. Provides referrals to other services within the VA. Provides evidenced based treatment (CPT) for PTSD to the outpatient clinic as needed.

Craig Helbok, Ph.D., ABPP, 2005, West Virginia University, Counseling Psychology

Internship: Pittsburgh VAMC

Postdoctoral Fellowship: Kansas City VAMC, Clinical Psychology and Substance Abuse

Licensure: Minnesota

Clinical Duties: Staff Psychologist providing Pain Management, Health Psychology and Pre-surgical/Pre-transplant services including assessment/evaluations, individual, family and group therapy and psychoeducation.

Research Interests: Pain Management and Health Behaviors (e.g., tobacco cessation, weight loss).

Patricia Jones, Patricia A. Jones, Ph.D., 1995, Georgia State University

Licensed Clinical Psychologist, State of Virginia

Clinical Duties: Psychologist on Polytrauma Transitional Rehabilitation Program.

Duties include providing diagnostic evaluations to all patients admitted to program, providing individual, family, and marital therapy, provide group psychotherapy, attend

IDT meetings and other patient care related meetings (behavioral rounds, family conferences, etc.), participate on steering committee, participate on national conference meetings regarding PTRP, program development, etc.

Research interests: Outcome studies regarding role of family in the recovery process from TBI.

Faculty appointments: Previous adjunct role at VCU as supervisor affiliated with VCU's Counseling and Psychological Services & Development (CPSD).

Jennifer Menzel Lumpkin, Psy.D., ABPP (RP), 2005, University: Indiana University of Pennsylvania

Internship: Malcom Randall VAMC, Gainesville, Florida

ABPP: 2013

Postdoctoral Fellowship in Neuropsychology and Rehabilitation Psychology at Virginia Commonwealth University (VCU) Medical Center, 2005-07

Licensed Clinical Psychologist, State of Virginia

Clinical duties: Neuropsychologist for the Mental Health Service, Consultation and Liaison Service, and Spinal Cord Injury Unit. In addition to completing neuropsychological evaluations, I also conduct individual psychotherapy with individuals with a variety of Axis I disorders as well as conduct group psychotherapy with individuals who identify as gay, lesbian, bisexual, and/or transgendered (GLBT)

Research Interests: Traumatic brain injury, depression following traumatic brain injury

Faculty appointments: Adjunct Assistant Professor in Psychology, Virginia Commonwealth University.

John R. Lynch, Ph.D., 1988, Virginia Commonwealth University

Internship: HH McGuire VAMC; Richmond, VA

Post-doc: Henrico Mental Health Community Services Board

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical duties: Evidence Based Treatment Coordinator; Individual Therapy, Process Group Therapy, and Structured Group Therapy for the PTSD Treatment Team

Research Interests: Couples, Relationships, Men's issues, Hypnotic approaches to sleep improvement and pain management.

Academic/Faculty Affiliations: Assistant Professor, Department of Psychiatry, Virginia Commonwealth University

Christa M. Marshall, Psy.D., 2012, Roosevelt University, Chicago, IL.

Internship: Hunter Holmes McGuire VAMC, Richmond, VA

Post-doc: Medical Rehabilitation Psychology Fellow, Edward Hines, Jr. VA Hospital, Hines, IL

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical duties: Emporia CBOC Psychologist – Psychological assessment/Evaluation, Individual Psychotherapy, Group Psychotherapy, Rural Mental Health. PTSD Clinic Psychologist – PTSD Recovery Groups (Men and Women), Anger Management Program, Trauma-focused Psychotherapy.

Research Interests: Program Development and Evaluation, Assessment and Treatment of mTBI and PTSD.

Academic/Faculty Affiliations: Affiliate Assistant Professor, Department of Psychology, VCU

Scott D. McDonald, Ph.D., 2006, Clinical Psychology, Virginia Commonwealth University, Richmond, VA

Licensed Clinical Psychologist, State of Virginia

Clinical Duties: SCI Neuropsychologist. Neuropsychology consultation for the SCI inpatient and outpatient clinics.

Training and Didactics: Co-Director of VA MIRECC Advanced Fellowship Program, McGuire VAMC. Provide research supervision. No current clinical rotation supervision.

Dr. McDonald provides clinical research and professional development seminars.

Research Interests/Activities: PTSD assessment, mild TBI, and resilience

Academic Appointments: Affiliate Assistant Professor, VCU Departments of Psychology and Physical Medicine and Rehabilitation

Kathleen McCune, Ph.D., 1992, Virginia Commonwealth University

Licensed Clinical Psychologist

Internship: Woodburn Center for Community Mental Health, 1991-1992.

Clinical Duties: Provide assessment, neuropsychological screening, psychotherapy, behavioral management plans for the patients and families of, and team consultation for the staff of the Community Living Center, Geriatric Rehabilitation Center and the Palliative Care Units. Dr. McCune is also a member of the facility's Disruptive Behavior Committee.

Research Interests: Mental health and health related issues across the lifespan.

Brian L. Meyer, Ph.D., 1990, Duke University

Internship: Cambridge Hospital and Cambridge Child Guidance Center, 1988-89

Post-doc: Harvard Community Health Plan, 1989-90

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical duties: Interim Associate Chief, Mental Health Services (Clinical) and Supervisory Psychologist. Oversee team of 41 psychologists providing clinical services in mental health, health, rehabilitation, and assessment throughout the hospital. Chair Workplace Violence Prevention Committee. Develop, maintain, and evaluate functioning of clinical programs and help to guide new initiatives. Also function as SUD/PTSD Specialist. Provide evidence-based individual, family, couples, and group psychotherapies for veterans with substance abuse problems and Posttraumatic Stress Disorder.

Research interests: trauma, child abuse, co-occurring disorders, mindfulness.

Academic/Faculty Affiliations: Assistant Professor, Department of Psychiatry, Virginia Commonwealth University.

Christopher J. Murphy, Psy.D. 2008, Regent University

Internship: Dwight D. Eisenhower Army Medical Center, 2007-08

Post-doc: Dwight D. Eisenhower Army Medical Center, 2008-09

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical duties: Compensation and Pension Forensic Psychologist. Provide evidence-based group Cognitive Processing Therapy for Veterans with PTSD. Specifically focus on combat PTSD and PTSD due to working with Mortuary Affairs/Graves Registration. Work with PTSD team to coordinate and integrate treatment for veterans with both sets of difficulties. Also provide clinical consultation, psycho-education, and patient and staff education.

Research interests: Combat trauma, Military Culture and History and its effects on transition from DoD to the civilian sector, Wounded Warrior Project

Academic/Faculty Affiliations: Affiliate Assistant Professor, VCU Department of Psychology.

Brian Mutchler, Psy.D. 1999, Indiana University of Pennsylvania

Internship: HH McGuire VAMC; Richmond, VA

Post-doc: Agent Orange Research

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical Duties: Provide assessment, psychological testing, psychotherapy, behavioral therapy, and family therapy for newly injured and long-term Spinal Cord Injury patients as part of an interdisciplinary treatment team. Also provide patient and staff education.

Additional clinical interests are PTSD treatment and ACT. Member of the IRB and appointed to the VAMC R&D Committee.

Research Interests: Health Psychology in relation to SCI.

Academic/Faculty Affiliations: Affiliate Assistant Professor in Psychology, Virginia Commonwealth University.

Samuel E. Park, PhD 2013, Biola University, Rosemead School of Psychology

Internship: University of Rochester, Rochester, NY

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical duties: Outpatient Mental Health Clinic Psychologist. Provide evidence-based and -supported individual, conjoint, and group psychotherapy, as well as trauma-informed treatments for military sexual trauma for male and female veterans.

Research interests: Military sexual trauma; interpersonal neurobiology; and complex trauma.

Academic Affiliations: Affiliate Assistant Professor, VCU Department of Psychology.

Treven Pickett, Psy.D. 2001, ABPP Board Certified in Rehabilitation Psychology
Virginia Consortium Program in Clinical Psychology.

Internship: Gainesville VA Medical Center (GRECC); Neuropsychology focus

Post-doc: (1) Concussion Centre of Virginia (Rehabilitation/Neuropsychology), Richmond, VA (2000-2001); (2) Center for Research on Telehealth, Department of Clinical and Health Psychology, University of Florida (Rehabilitation/Neuropsychology), Gainesville, FL (2001-2002); (3) VA RR&D Career Development Award, Brain Rehabilitation Research Center (BRRC) (Rehabilitation/Neuropsychology), Gainesville VA Medical Center, Gainesville, FL (2002-2004)

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical duties: Associate Chief and Supervisory Clinical Psychologist (Research); Neuropsychological Assessment of TBI with and without PTSD
Mental Health Service Line; Co-Director, VA Advanced Fellowship in Mental Illness Research and Treatment; Director of Polytrauma Post-doctoral Psychology Fellowship.
Research Interests: Health Psychology/behavioral lifestyle management, PTSD, TBI, Neuro-cognition of TBI and PTSD; Caregiver Interventions; Rehabilitation of Neurodegenerative Conditions.
Academic/Faculty Affiliations: Assistant Professor, Departments of Psychology, Psychiatry, and Physical Medicine and Rehabilitation at Virginia Commonwealth University.

Brian Reiner, Psy.D., 2011, Regent University, Virginia Beach, V.A.
Internship: Eastern Virginia Medical School
Post-Doctoral Fellowship: McGuire VAMC Rehabilitation Psychology 2-year Fellowship
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical Duties: Outpatient neuropsychological assessments and psychotherapy for the Compensated Work Therapy Program (CWT) and the Polytrauma Network Site Program (PNS). Inpatient neuropsychological assessments and psychotherapy for the Service Member Transitional Advanced Rehabilitation Program (PNS).
Research Interests: Alternative Medicine, Mindfulness
Faculty appointments: Adjunct Assistant Professor in Psychology, Virginia Commonwealth University.

Jarrod Reisweber, Psy.D., James Madison University, Harrisonburg, VA
Licensed Clinical Psychologist: State of Virginia
Clinical Duties: Staff Psychologist for Substance Abuse Treatment Program providing assessments, individual therapy and group therapy using a cognitive behavioral approach.
Research Interests: Adapting and applying Cognitive Behavioral interventions to substance use and other mental health problems.

Meghan Rooney, Psy.D. Antioch New England Graduate School
Internship: Edith Nourse Rogers Memorial Veterans Administrative Hospital, Bedford, MA
Post-Doc: Edith Nourse Rogers Memorial Veterans Administrative Hospital, Bedford, MA
Licensed Clinical Psychologist, Commonwealth of Massachusetts
Clinical duties: Clinical coordinator of the Veteran's Integrative Pain Center. Provide assessment, psychological testing, behavioral therapy, family therapy and trauma work including EMDR for veterans in chronic pain as part of an interdisciplinary treatment team. Former Director of Operations for the National Tele-mental Health Center (NTMHC), I have experience in program development at the local, regional and national level and continue to be keenly interested in the intersection of mental health and technology.
Research Interests: Trauma and Chronic Pain; Integration of technology and mental health;

Career Faculty Appointments: Instructor in Psychiatry, Harvard Medical School;
Assistant professor, Yale University School of Medicine

Brenda E. Scott, Ph.D., 1996 George Mason University, Fairfax Virginia
Internship: Howard University Counseling Center, Washington, DC
Post-Doc: Central State Hospital, Petersburg, Virginia
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical duties: Provide services to Spinal Cord Injury veterans on an inpatient unit and through an outpatient clinic. Provided services: individual/family/behavioral therapy, psychological assessment/testing, smoking cessation, patient education, staff education and consultation to interdisciplinary team. Trained in ACT
Didactics Provided/Training: Living with a Disability, SCI rotation
Research Interests: Stress Management, Pain Management
Faculty appointments: Adjunct Assistant Professor in Psychology, Virginia Commonwealth University

Lillian Flores Stevens, Ph.D., 2010, Virginia Commonwealth University
Licensure: Virginia
Internship: McGuire VAMC
Post-Doctoral Residency: Virginia Commonwealth University Medical Center; McGuire VAMC (MIRECC Program).
Clinical Duties: the Site-Principal Investigator and data specialist for the Traumatic Brain Injury Model Systems (TBIMS) project. The TBIMS program was created in 1987 by the National Institute on Disability and Rehabilitation Research (NIDRR) and is a prospective, longitudinal, multi-center study which examines TBI recovery and outcomes following coordinated acute medical care and inpatient rehabilitation. There are 16 public sector facilities that serve as TBIMS sites and the RVAMC is one of the five VA Polytrauma Rehabilitation Centers that serve as TBIMS sites.
Research Interests: Traumatic Brain Injury (TBI) rehabilitation, family adjustment to TBI. Serve as the Site-Principal Investigator and data specialist for the Traumatic Brain Injury Model Systems (TBIMS) project
Faculty Appointments: . Affiliate Associate Professor of Psychology, Virginia Commonwealth University

Laura Wagner, Ph.D., 2002, University of Massachusetts, Boston
Internship: Duke University, Counseling and Psychological Services Center
Post-doc: Duke University, Center for Child and Family Health
Licensure: Commonwealth of Virginia
Clinical Duties: Staff psychologist with the Mental Health Clinic. Dr. Wagner provides evidence based care in individual and group formats to veterans diagnosed with Posttraumatic Stress Disorder (including Military Sexual Trauma and non-combat related PTSD), Major Depression and Anxiety Disorders.
Research Interests: No Current Research
Academic/Faculty Affiliations: None currently

Jennifer E. Wartella, PhD, Virginia Commonwealth University

Internship: University of Arizona Medical Center

Fellowship: University of Virginia Center for Addiction Research

Licensure: Virginia

Clinical Duties: Staff psychologist with the Home Based Primary Care team.

Research interests; geriatrics, neuropsychology, brain injury, chronic illness/pain, mood disorders, motivational interviewing strategies and working with underserved populations.

Faculty Appointment: Adjunct professor for the psychology department at Virginia Commonwealth University.

Kathryn Wilder-Schaaf, Ph.D. 2010 Virginia Commonwealth University

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical Duties: Rehabilitation Psychologist, PRC. Conduct neuropsychological assessment batteries for active duty service members and veterans in an acute rehabilitation setting. Provide individual, couples, and family treatment to address adjustment to injury and comorbid mental health disorders. Provide cognitive rehabilitation to address neurological deficits after brain injury. Provide family education groups.

Research Interests: TBI and PTSD, Family needs after TBI

Faculty appointments: Affiliate Professor, Virginia Commonwealth University.

Carl Williams, Ph.D., 2001, Virginia Polytechnical Institute and State University, Clinical Psychology.

Licensure: State of Nevada

Internship: University of California, San Diego

Fellowship: University of California, San Diego

Staff psychologist to Hospice Palliative Care and to Oncology at RVAMC. He is a trainer and consultant mentor with the VA's Motivational Interviewing (MI) and Motivational Enhancement Therapy (MET) Evidenced-Based Psychotherapy (EBP) initiatives and he is a consultant for the Cognitive Behavioral Therapy for Substance Use Disorders (CBT-SUD) EBP. He has acquired provider status in ACT-D and CBT-D. With existential and interpersonal appreciation, he employs a broad range of behavioral, cognitive and third wave treatment methodologies to mental health recovery and coping with serious illness. Dr. Williams has previously served as a Supervisory Psychologist and as a Director of Psychology Training. He was recently Site PI for PACT to Improve Health Care in People with Serious Mental Illness (PI: Alexander S Young, MD MSHS, UCLA, GLAVA). Dr. Williams has served on research committees (IRB and R&D, VA Linda, CA and R&D VA San Diego, CA).

Cathy Williams-Sledge, Psy.D. 1997, Virginia Consortium Program in Clinical Psychology.

Internship: HH McGuire VAMC; Richmond, VA

Post-doc: Central State Hospital and Liberty Forensic Unit; Petersburg, VA

Licensed Clinical Psychologist, Commonwealth of Virginia

Clinical duties: Provide assessment, psychological testing, psychotherapy, behavioral therapy, and family therapy for newly injured and long-term Spinal Cord Injury patients as part of an interdisciplinary treatment team. Also provide patient and staff education, and assessment and treatment for patients in the SCI outpatient clinic. Provide assistance and support for the SCI Peer mentoring program and oversee the SCI Smoking Cessation Program.

Research Interests: Smoking Cessation in SCI; Depression and Pain in SCI.

Academic/Faculty Affiliations: Assistant professor, Department of Psychology, Virginia Commonwealth University.

Internship Trainees

2008-2009 Interns:

- **Leah Farrell, Ph.D.**
Virginia Tech University
- **Rachel Gow, Ph.D.**
Virginia Commonwealth University
- **Monique Moore, Ph.D.**
University of North Carolina, Chapel Hill

2009-2010 Interns:

- **Whitney Brown, Psy.D.**
Argosy University, Washington DC
- **Aaron Grace, Psy.D.**
Baylor University
- **Lillian Stevens, Ph.D.**
Virginia Commonwealth University

2010-2011 Interns:

- **Andrea Konig, Ph.D.**
Virginia Commonwealth University
- **Reginald McRae, Psy.D.**
Argosy University, Washington DC
- **Meghan Richetti, Psy.D.**
Spaulding University

2011-2012 Interns:

- **Sharon Starkey Cummings, Psy.D.**
Argosy University, Washington D.C.
- **Kristen N. Leishman, Psy.D.**
Pepperdine University
- **Christa M. Marshall, Psy.D.**
Roosevelt University

2012-2013 interns:

- **Suzette M. Chopin, Ph.D.**
Virginia Commonwealth University
- **Natalie C. Fala, Psy.D.**
Florida Institute of Technology
- **Rachel L. Freed, Psy.D.**
Nova Southeastern University

2013-2014 interns:

General Track:

- **Jeanne Renee Anderson**
Pacific University
- **Kathryn Hefner**
University of Wisconsin-Madison
- **Sarah Skeeters**
University of Indianapolis

Primary Care Mental Health Track

- **Rebekah Forman**
Seattle Pacific University

2014-2015 interns:

General Track:

- **Timothy Aigner**
Gallaudet University
- **Yanna Lapis**
Pacific Graduate School of Psychology, Palo Alto University
- **Charlene Tai**
Pacific Graduate School of Psychology, Palo Alto University

Primary Care Mental Health Track:

- **Thomas Burroughs**
Pacific Graduate School of Psychology, Palo Alto University

2015-2016 interns:

General Track:

- **Megan Aiello**
Southern Illinois University
- **Sara Bock**
Virginia Consortium Program In Clinical Psychology
- **Threse V. Cash**
Virginia Commonwealth University

Primary Care/Health Psychology Track:

- **Michael Chatterton**
University of Indianapolis

MH Across the Life Span:

- **Samantha Overstreet**
University of Tulsa

2016-2017 interns:

General Track:

- **Timothy Avery**
PGSP-Stanford Psy.D. Consortium
Virginia Commonwealth University, Counseling Program
- **M. Kathleen Holmes**
St. John's University, NYC, Clinical Program

MH Across the Life Span:

- **Lizette Aguirre-Giron**
PGSP-Stanford Psy.D. Consortium

Primary Care/Health Psychology Track:

- **Jay Wiles**
Regent University

Local Information

About Richmond Virginia and surrounds

An historic city and Virginia's capital, Richmond offers an attractive array of leisure, cultural, and social opportunities not usually found in mid-sized cities. Beautiful neighborhoods juxtaposed to modern high rises with striking architecture set the stage for the numerous cultural, educational and recreational events befitting its nearly 200,000 citizens (approximately 1,000,000 in the metro area).

Nationally recognized for its vitality and New Economy, Richmond's diversified employment base extends from chemical, food and tobacco manufacturing to cutting edge biotechnology and high-tech fiber production. Higher education is a prominent force as well. The area consistently ranks among "Best Places to Live and Work in America" in several national publications. Bisected by the [James River](#), its numerous parks and woodlands offer solitude and excitement even when close to the city center.

Richmond is proud to support several first-class museums and three prominent universities, its own symphony, the [American Youth Harp Ensemble](#), an [annual folk festival](#), professional ballet and opera, and numerous theater companies and [art galleries](#).

While offering easy access to the Atlantic Ocean and the Chesapeake Bay, Appalachian and Blue Ridge Mountains as well as being only 90 minutes south of Washington, D.C., Richmond features countless pastimes right at home. Trendy boutiques, varied bistros and restaurants, numerous sports and entertainment attractions, outdoor pursuits among one of the nation's largest river park systems, and a treasure trove of historic landmarks provide opportunities for nearly endless learning and relaxation.

Stipends and Benefits

Stipend: Interns receive a competitive stipend paid in 26 biweekly installments. VA internship stipends are locality adjusted to reflect different relative costs in different geographical areas. Current stipends (2016-17) for Richmond VAMC is \$24,519 (plus benefits).

Benefits: The internship appointments are for 2080 hours, which is full time for a one year period. Start date for our internship will be August 21, 2017. VA interns are eligible for health insurance (for self, married spouse, and legal dependents) and for life insurance, just as are regular employees. As temporary employees, interns may not participate in VA retirement programs.

Holidays and Leave: Interns receive the 10 annual federal holidays. In addition, interns accrue 4 hours of sick leave and 4 hours of annual leave for each full two week pay period as an intern, for a total of between 96 and 104 hours of each during the year.

Authorized Absence: According to VA Handbook 5011, Part III, Chapter 2, Section 12, employees, including trainees, may be given authorized absence without charge to leave when the activity is considered to be of substantial benefit to VA in accomplishing its general mission or one of its specific functions, such as education and training. Application of this policy varies from site to site, so questions for a specific program must be directed to the Training Director.

Liability Protection for Trainees: When providing professional services at a VA healthcare facility, VA sponsored trainees acting within the scope of their educational programs are protected from personal liability under the Federal Employees Liability Reform and Tort Compensation Act 28, U.S.C.2679 (b)-(d).