Psychology Internship Program
http://www.richmond.va.gov/services/Psychology.asp

Richmond VA Medical Center
Director of Training for Psychology (116B)
1201 Broad Rock Blvd
Richmond, Virginia 23249

(804) 675-5000, extension 5106
http://www.richmond.va.gov/

MATCH Number:
General Track 206911
Health Psychology Track 206912
Serious Mental Illness and Dual Diagnosis Track 206913
Interprofessional Geropsychology Track 206914

Application Deadline: October 29, 2018

Accreditation Status
The psychology internship at the Richmond VA Medical Center was accredited by the Commission on Accreditation (CoA) of the American Psychological Association in June 2017 for ten years. Our next site visit is in the Fall of 2027.

Questions related to the program's accreditation status should be directed to the Commission on Accreditation:
Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE
Washington, DC 20002-4242
(202) 336-5979
http://www.apa.org/education/grad/program-accreditation.aspx

The psychology internship has been a member of the Association of Postdoctoral Psychology and Internship Centers (APPIC) since December 2008 and participates in the National Match. To view the APPIC Directory, obtain the most recent version of the AAPI, and to access APPIC Policies, go to the APPIC website at www.appic.org. The National Matching Service can also be accessed through the APPIC website, or directly at www.natmatch.com/psychint/.

We have 2 positions in our General Track, 1 position in our Health Psychology Track, 1 position in our SMI/Dual Diagnosis Track, and 2 positions in our Interprofessional Geropsychology track.
Eligibility

ELIGIBILITY REQUIREMENTS FOR ALL PROGRAMS

1. U.S. citizenship. VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns and fellows must complete a Certification of Citizenship in the United States prior to beginning VA training.

2. A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any US government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Exceptions can be granted only by the US Office of Personnel Management; exceptions are very rarely granted.

3. Interns and Fellows are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.

4. VA training occurs in a health care setting. Some of the patients served by VA are elderly or infirm, and could succumb to common illnesses like influenza. It is important to be able to document that your vaccinations are up to date and that you have been screened for active tuberculosis prior to starting your training at VA or other hospitals. Securing a statement from university student health center, your regular health provider, or an urgent care clinic can expedite your appointment. Additionally, maintaining a current flu vaccination during the training year (or taking additional preventative measures to limit patient exposure to the flu) will be required. Please discuss this with the program training director after you have matched and well before to your start date to facilitate your onboarding.

ADDITIONAL ELIGIBILITY CRITERIA FOR INTERNSHIP

1. Doctoral student in good standing at an American Psychological Association (APA) or Canadian Psychological Association (CPA) accredited graduate program in Clinical, Counseling, or Combined psychology or Psychological Clinical Science Accreditation System (PCSAS) accredited program in Clinical Science. Persons with a doctorate in another area of psychology who meet the APA or CPA criteria for respecialization training in Clinical, Counseling, or Combined Psychology are also eligible.

2. Approved for internship status by graduate program training director.

Application & Selection Procedures
Candidates' materials are reviewed by the training committee psychologists. Reviewers evaluate the applicant's ability, record of achievement, interests and potential compatibility with the internship program. These rankings may be used to prioritize interview offers. All applications received by the deadline are reviewed.
Applicants invited for interviews will be notified by e-mail in early December. **On-site interviews will be conducted on January 4th, 7th, 11th and 14th in 2019;** telephone interviews are offered in lieu of on-site interviews upon request.

**NOTE TO APPLICANTS AND DIRECTORS OF TRAINING AT HOME PROGRAMS**

We will not assign letter grades for internship performance. Upon request we will complete forms provided by the intern’s home program and will provide copies of our completed evaluations. The home program is sent a letter six-months through internship summarizing the intern’s training experiences to date and overall progress. A final letter is sent upon completion of the training year to summarize the intern’s training experience including rotations completed and stating successful or unsuccessful demonstration of competencies measured.

**Applicants must meet the following prerequisites to be considered for our program:**

1. Doctoral student in clinical or counseling psychology program accredited by the American Psychological Association (APA) or the Canadian Psychological Association (CPA)
2. Approval for internship status by graduate program training director
3. A minimum of 250 direct intervention and 50 direct assessment hours of supervised graduate level pre-internship practicum experience. There is a clear focus on quality of training experiences rather than total hours.
4. U.S. citizenship
5. Male applicants born after 12/31/1959 must have registered for the draft by age 26
6. Matched interns are subject to fingerprinting, background checks, and urine drug screens. Match result and selection decisions are contingent on passing these screens.

**Selection Process**

A selection committee composed of psychologists involved in training reviews applications. Applicants may seek consideration for one or multiple tracks. We seek applicants who have a sound clinical and scientific knowledge base from their academic program, strong basic skills in assessment, intervention, and research techniques, and the personal characteristics necessary to function well in our internship setting. Our selection criteria are based on a "goodness-of-fit" with our practitioner-scientist model, and we look for interns whose training goals match the training that we offer. The McGuire VA Medical Center in which our training program resides is an Equal Opportunity Employer; we are committed to ensuring a range of diversity among our training classes, and we actively recruit and select candidates representing different kinds of programs and theoretical orientations, geographic areas, ages, racial and ethnic backgrounds, sexual orientations, disabilities, and life experiences.
Interview Process

In-person or phone interviews are required of all applicants who make the final selection round. In person interviews will take a full day (8:00 am to 4:30 pm) and involve an informational session with the training directors, two formal interviews with training staff, a tour of our clinical and research facilities, an informational session with current interns, an extended lunch (provided), and an opportunity to meet with track-specific supervisors. For the current selection cycle, in-person interviews will take place on January 4th, January 7th, and January 11th, and January 14th, 2019. Applicants will need to be available to interview on those days should they want to attend an in-person interview. We also gladly offer phone interviews to qualified applicants as well, and treat phone interviews as equivalent to in-person interviews in terms of scoring and ranking decisions.

Should you choose to apply, please go to the APPIC Website at http://www.appic.org/ and complete the online AAPI. Please make sure you have included the following materials in your online AAPI.

1. Curriculum Vitae
2. Graduate transcripts
3. Three letters of recommendation
4. A cover letter of interest describing your past training, experiences with assessment, EBTs and group therapy, and career goals. Your cover letter should also indicate to which track(s) you are applying.

Our APPIC Match Numbers are:
- General Internship Track 206911
- Health Psychology Track 206912
- Serious Mental Illness and Dual Diagnosis 206913
- Interprofessional Geropsychology Track 206914

5. The APPIC Application for Psychology Internship (AAPI)
6. Supplemental Material (please submit in online application in Supplemental Section):
   a. All applicants, please submit a recent adult psychological assessment report that includes the integration of intellectual or cognitive measures and measures of psychological functioning with a clinical interview. There should be no identifying information included.
   b. Health Psychology Track applicants, also please submit a work sample such as an intake, treatment plan/conceptualization, pre-surgical evaluation or discharge summary of a case involving health or primary care mental health issues. There should be no identifying information included.
Thomas A. Campbell, Ph.D., ABPP-RP
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1201 Broad Rock Blvd
Richmond, Virginia 23249

(804) 675-5000, extension 5106
Email: Thomas.Campbell4@va.gov

If there are questions about the internship program or if you need to check the status of your application, please email or call the psychology office at (804) 675-5000, extension 5106, and indicate that you wish to speak with the Director of Training about the internship program.

Notification Procedures
The internship program follows APPIC guidelines regarding offers and acceptance of internship positions. APPIC policy may be subject to change and modification. Applicants should, therefore, be in contact with their program director for the most up-to-date guidelines. A copy of current APPIC policies regarding uniform notification procedures is available on the APPIC website. To view the APPIC Directory, obtain the most recent version of the API, and to access APPIC Policies, go to the APPIC website at www.appic.org. The National Matching Service can also be accessed through the APPIC website, or directly at www.natmatch.com/psychint/.

National Matching Service may be contacted at:

National Matching Services Inc.
20 Holly Street, Suite 301
Toronto, Ontario M4S 3B1
Telephone: (416) 977-3431
Fax: (416) 977-5020

National Matching Services Inc.
P.O. Box 1208
Lewiston, NY 14092-8208
Telephone: (716) 282-4013
Fax: (716) 282-0611

Psychology Setting
There are over 50 full-time, doctoral level psychologists participating in a wide range of activities at the Richmond VAMC. In addition to traditional roles in Mental Health, staff psychologists are critical members of the Substance Abuse, PTSD, Polytrauma and TBI, Spinal Cord Injury and Diseases, Geriatric/Homebased Care, Health Psychology and
Primary Care Mental Health programs. The Richmond VAMC is a lead medical center in the VA system of care and is privileged to offer many specialty programs (e.g., One of 5 VA Polytrauma sites, a regional SCI&D specialty center, & Transplant Services) which include psychologists and allow for unique training and career development opportunities. Our training program includes post-doctoral fellowship and practicum positions in these areas as well. Staff and trainees benefit from our strong relationship with the faculty and students of the doctoral programs in Clinical and Counseling Psychology as well as with psychologists at the Medical College of Virginia at Virginia Commonwealth University (VCU); many of our psychologists hold affiliate appointments at Virginia Commonwealth University (VCU).

**Training Model and Program Philosophy**

Our program is built upon a practitioner-scientist model of training. We support the view that good clinical practice is based upon understanding and practicing the science of psychology. Specifically, the science of psychology is informed by the experience of working with a variety of patients and supervisors and professionals from other disciplines. Our approach to training encourages clinical practice that is evidence-based and integrates the current state of scientific knowledge with the complexities of individual patients. While trainees may ultimately develop careers that emphasize one aspect of the model more than the other, our expectation is that clinicians will practice from a scientific basis with clinical sensibility. Our Interns are encouraged to participate in ongoing scholarly opportunities such as journal clubs and, if inclined, supported in efforts to contribute to staff research projects.

Psychologists treat and study psychological problems in a variety of social, cultural and treatment settings. We see awareness of and sensitivity to cultural/diversity issues as necessary for responsible professional functioning. Interns attend a monthly Diversity Seminar and incorporate cultural and diversity issues in ongoing clinical supervision. Understanding how these factors interact to influence a patient's desired outcomes is a critical ability for psychologists. Thus, our training focuses on interns learning to assist patients in defining goals and then achieving optimal psychological, physical, and social functioning within contextual limits. Successful interns demonstrate the ability to integrate best-practice approaches with unique patient care needs and communicate these plans to patients and other professionals across populations, settings and problem areas.

**Program Aims, Competencies, and Expected Outcomes**

The aim of the program is to prepare and graduate interns who have the knowledge and skills necessary for competent practice in post-doctoral fellowship and entry-level staff positions as clinical psychologists within a variety of clinical and research settings. It is expected that graduating interns will be eligible for licensure upon completion of their degree and will be competitive applicants for post-doctoral fellowship or entry-level staff positions.
To this end, training is structured around the APA Profession-Wide and Competencies, which span the following domains:

- Research
- Ethical and Legal Standards
- Individual and cultural diversity
- Professional Values, Attitudes and Behaviors
- Communication and Interpersonal Skills
- Assessment
- Intervention
- Supervision
- Consultation and Interprofessional skills
- Supervision

Interns develop and broaden their knowledge and skills in seminars, weekly individual and group supervision and consultation, and interdisciplinary meetings. As a foundation for competent, independent practice, seminars and supervision focus on mastery of standardized psychological and neuropsychological screening protocols and implementation of evidence based care models for PTSD, Substance Abuse, Traumatic Brain Injury, Seriously Mentally Ill, Insomnia and Depression. Successful interns must demonstrate entry-level competence in the following Objectives:

Objective One: Research
- Intern integrates current research and literature into clinical practice
- Intern demonstrates critical thinking skills when presenting/discussing research relevant to clinical practice.

Objective Two: Ethical and Legal Standards
- Intern demonstrates knowledge of the current version of the APA Ethical Principles of Psychologists and Code of Conduct and consistently applies them appropriately, seeking consultation as needed.
- Intern demonstrates awareness of relevant regulations applicable to their professional work, including patients’ rights, release of information procedures, informed consent to treatment, limits to confidentiality in the VA medical center, management of suicidal behavior, and child/elder abuse reporting policies.
- Intern recognizes ethical dilemmas as they arise and applies ethical decision-making processes in order to resolve the dilemmas.
- Intern conducts self in an ethical manner in all professional activities.

Objective Three: Individual and Cultural Diversity
- Intern recognizes and appropriately addresses cultural and/or individual differences particular to the them that might affect how they understand and interact with patients and staff different from themselves.
- Intern recognizes and appropriately addresses pertinent cultural and/or individual differences specific to the patient’s background that might affect the presenting
problem or the manner in which patients engage in the therapeutic relationship or process.

- Intern recognizes potential cultural themes and sensitivities pertinent to the particular populations of focus (e.g., veterans, older adults, rural, LGBT, etc.).
- Intern demonstrates the ability to independently apply their knowledge and approach in working effectively with a range of diverse individuals.

**Objective Four: Professional Values, Attitudes and Behaviors**

- Intern behaves in ways reflective of the values, attitudes and spirit of psychology and demonstrates integrity, accountability, a desire to learn, and concern for the welfare of patients and colleagues.
- Intern demonstrates professional demeanor and appearance.
- Intern displays professional behavior when using annual leave, sick leave, and authorized absence by following appropriate procedures and using leave responsibly.
- Intern manages all assigned workload within given time frames without sacrificing the qualitative aspects of the workload for quantitative.
- Intern prepares for supervision and utilizes supervision time appropriately.
- Intern engages in self-reflection, is aware of professional limitations, and seeks consultation appropriately.
- Intern engages in activities to maintain and improve performance, well-being, and professional effectiveness.
- Intern demonstrates maturity of judgement in clinical and professional matters.
- Intern is receptive to supervisor suggestions and attempts to implement suggestions in clinical practice.
- Intern appropriately displays increasing independence and autonomy commensurate with increasing competency development.

**Objective Five: Communication and Interpersonal Skills**

- Intern communicates (orally, nonverbally and in writing) with patients and families in a manner that is respectful, clear and conducive to the maintaining a collaborative relationship.
- Intern communicates (orally, nonverbally and in writing) psychological information to other professionals in a manner that is organized and understandable by them.
- Intern’s written documentation demonstrates a thorough grasp of professional language and concepts and sensitivity to patient information.
- Intern demonstrates effective interpersonal skills and the ability to manage difficult communications in a manner which serves to maintain a respectful relationship.

**Objective Six: Assessment**

- Intern clarifies the referral question or presenting problem.
- Intern gathers a complete/relevant history, integrating information obtained from clinical interview and chart review.
• Intern conducts a comprehensive and accurate mental status exam.
• Intern selects appropriate sources of evidence-based psychological and/or self-report instruments appropriate the identified goals and questions of the assessment and relevant diversity and individual characteristics of the patient.
• Intern demonstrates accurate and standardized administration and scoring of tests/instruments with proper use of norms and population base rates.
• Intern accurately interprets and conceptualizes the assessment results based on integration of clinical interview, chart review, and testing data.
• Intern guards against decision-making biases, distinguishing the aspects of the assessment that are objective from those that are subjective.
• Intern formulates an accurate diagnosis according to DSM criteria.
• Intern writes reports that are organized and which integrate history, observations and assessment data.
• Intern develops appropriate recommendations, treatment plans, and/or referrals clearly tied to the evaluation data.

Objective Seven: Intervention

• Intern develops and maintains a therapeutic rapport with patients.
• Intern conceptualizes patient’s presenting problem within a theoretical approach appropriate to the patient/population.
• Intern develops appropriate treatment plans and patient centered goals.
• Intern evidences clinical decision-making informed by relevant scientific literature, assessment findings, diversity characteristics, and contextual variables.
• Intern implements evidence-based interventions with fidelity to treatment protocols and models.
• Intern appropriately uses self-report measures or other measures to evaluate and monitor outcomes of interventions.
• Intern appropriate adapts intervention goals and methods consistent with ongoing outcome evaluation.
• Intern demonstrates an awareness of process/relationship issues occurring within the therapeutic relationship.
• Intern demonstrates ability to modify and adapt interventions when clinically indicated or when a clear evidence base is lacking
• Intern displays awareness of group dynamics and process
• Intern demonstrates the ability to maintain group order and focus on goals of session.
• Intern demonstrates ability to function in a co-facilitator role.
• Intern implements evidence-based interventions with appropriate modifications consistent with patient population and group process.
• Intern is able to effectively manage the group process.

Objective Eight: Supervision

• Applies the knowledge of supervision models and practices in direct or simulated practice with psychology trainees, or other health professionals.
Objective Nine: Consultation and Interprofessional/Interdisciplinary Skills

- Intern independently consults with psychologists and professionals from other disciplines in the care of their patients.
- Intern contributes to treatment team planning and to team implementation of interventions.
- Intern demonstrates knowledge of and respect for the unique roles of other professionals in a collaborative treatment approach.
- Intern effectively interacts with other disciplines on interdisciplinary teams.

Program Structure

We have four tracks. The **General Internship Track, Health Psychology Track, and the Serious Mental Illness/ Dual Diagnosis Track, and the Interprofessional Geropsychology Track**. Applicants may apply to one or multiple tracks; they should make it clear in their cover letters for which tracks they wish to be considered. The primary difference between the General Track and the three speciality tracks is the choice of major rotations available to General Track interns versus the year long concentration in Health Psychology and related work in the Primary Care Mental Health Track and the set rotations established for the SMI/Dual Diagnosis and Interprofessional Geropsychology Tracks (see description below).

**Experiences common to all tracks:**
All interns, regardless of track, share several year-long experiences in the Mental Health Clinic (MHC). In the MHC an intern conducts intakes, follows approximately 5 outpatient therapy cases weekly, and leads a mental health skills group.

All interns are exposed to core EBTs beginning with Motivational Interviewing (MI). Through didactic experiences and group consultation (including use of role-plays and recorded sessions) interns will learn and demonstrate entry-level psychologist competency in the use of MI. Following this experience, interns may elect to focus on developing skills using Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), Cognitive Behavioral Therapy for Insomnia (CBTi), Acceptance and Commitment Therapy (ACT) or Dialectical Behavioral Therapy (DBT).

All interns will have individual outpatient case supervision and rotation supervision weekly. Outpatient cases will come from the Outpatient Mental Health Clinic, PTSD Program, and the Military Sexual Trauma programs. Additionally, all interns participate in the weekly mental health intake supervision and case conference and monthly psychological assessment didactics, supervision and case conference. Assessments are drawn from interns’ rotations. Interns are expected to demonstrate competency across all areas and may choose to develop more advanced skills in areas such as neuropsychological evaluation if desired. Group psychotherapy options include Seeking Safety, DBT Skills Group, Cognitive Behavioral Therapy for insomnia, Pain Management, Mindfulness Group, Social Skills and Recovery Groups.
Ultimately skill, knowledge and competency are determined through observation using a combination of live supervision and review of recorded sessions. Interns receive individual supervision from rotation supervisors, weekly group supervision for intakes, and weekly, individual supervision for ongoing therapy cases. Our interns' training experiences are graduated to ensure they demonstrate core skills necessary to conduct a thorough initial assessment, to formulate initial diagnosis, to guide recommendations for more specialized psychological assessment, and to generate treatment recommendations and planning. Assessment experiences become increasingly complex and include the ongoing use of measures to track progress in treatment. Seminars and didactics include review of research regarding empirically based treatments (EBTs) for specific problems and the use of measures to track therapy progress/outcomes.

In addition to the monthly Diversity Seminar, all Interns also participate in a monthly Didactic Seminar including a variety of topics related to mental health within the veteran population. Didactic offerings vary year-to-year based on feedback from prior internship cohorts and staff availability. Past didactics have included topics such as: Psychological Factors of Diabetes Mellitus, Service Connection and C&P Evaluations, and Military Sexual Trauma. One didactic early in the training year focuses on helping Interns navigate the Fellowship/job search process.

Rotations and track experiences are described below. Note: Due to the time between publication of the brochure and the start of internship, supervisors for each rotation are subject to change.

**General Internship Track Specifics:**

We have 2 positions annually for the **General Track**. Interns on the **General Track** have three, four-month long major rotations from the options below. Rotations offer interns the opportunity for exposure to a range of professional activities selected from Mental Health and Behavioral Health experiences (see below for rotation options) in addition to assessment experiences.

**Mental Health Clinic and Inpatient Unit** (4 month major rotation):

This rotation is in addition to the year long experience required of all interns. Interns electing this rotation will gain additional experiences with inpatient and outpatient mental health responsibilities of a clinical psychologist. Interns enhance knowledge and proficiency in the assessment of severe psychopathology and personality disorders; and disorder-relevant cognitive functions. Trainees learn to adapt empirically-supported interventions to match the goals of patients with severe and persistent mental disorders and to assist them with developing strategies for relapse prevention. Interns are assigned individual cases and may participate as co-leaders of psychotherapy and psychoeducational groups. Depending on the intern’s interests and caseload, the intern may have the opportunity to co-lead additional outpatient groups (e.g., Military Sexual...
This outpatient program provides services to veterans who are at an increased risk for suicide and provides a variety of training experiences that permit an intern to become familiar with suicide risk assessment, interventions, and documentation. Specifically, interns will provide group and individual psychotherapy to patients identified as having elevated suicide risk (most often a veteran being discharged from the inpatient psychiatric unit with a behavioral flag or as identified through the MHC ACE evaluation process). Interns will gain experience more thoroughly assessing suicide risk through methods including 1) Interpersonal-Psychological Theory (IPT), 2) Collaborative Assessment and Management of Suicidality (CAMS), and 3) Chronological Assessment of Suicide Events (CASE); managing suicide risk through use of methods including 1) safety plans, 2) Cognitive Behavioral Therapy for Suicidal Patients (CBT-SP), and 3) CAMS; and documenting risk assessment/interventions. Interns may also have the opportunity for learning other transdiagnostic, evidence-based psychotherapies, including ACT, DBT-informed care, and the Unified Protocol for Emotional Disorders. Although the focus of this rotation is on suicide prevention, interns will gain experience in working with a wide range of psychological disorders and clinical presentations. During this rotation, interns will also have the opportunity to work closely with the suicide prevention team.

**Inpatient Psychiatric Unit (4 month major rotation):**

This rotation is in addition to the year-long experience required of all interns. Interns electing this rotation will gain additional experiences with inpatient mental health responsibilities of a clinical psychologist. Interns will gain enhanced knowledge and proficiency in the assessment of severe psychopathology and personality disorders and disorder-relevant cognitive functions. Trainees learn to adapt empirically-supported interventions to match the goals of patients with acute or persistent mental disorders. Interns will have opportunity to facilitate therapy groups, perform brief individual therapy, provide psychological assessments, participate as a member of the interdisciplinary treatment team, and complete consults. There may be opportunity to engage in program evaluation or outcome measurement efforts.

**Psychosocial Rehab and Recovery Center (PRRC) (4 month major rotation):**

On this rotation, the intern will provide individual and group psychotherapy to patients with a particular emphasis on the treatment of seriously mentally ill veterans. There are opportunities to co-facilitate Recovery-based groups including work with peer-led groups. Interns will work with the day treatment program and can choose to develop group programming in an area of specific interest. The intern will gain experience in treating a wide range of psychological illnesses, including PTSD, Major Depressive
Disorder, Bipolar Disorder, anxiety disorders, personality disorders, and psychosis. Many patients also present with comorbid substance abuse and serious medical issues.

**PTSD Clinical Team (PCT) (4 month major rotation):**

The McGuire PTSD Clinical Team for Combat Veterans consists of assessment, individual (including trauma-focused), and group treatments for PTSD. Due to the high concentration of veterans in Central Virginia, McGuire has one of the highest rates of patients with combat-related PTSD in the nation. Psychologists and psychology interns serve as part of an Interdisciplinary Team (IDT) that includes social workers, a psychiatrist, occupational therapists, recreation therapists, and trainees under these professionals. Training opportunities include 1) **Assessment:** Conducting diagnostic interviews to determine if a PTSD diagnosis is appropriate for a patient and, if so, collaboration to decide his/her best treatment option. 2) **Group Treatment:** Leading groups among the extensive opportunities McGuire has for group treatment of PTSD. Interns would likely run PTSD Recovery Group, a 10-session program designed to educate veterans about PTSD and to teach them coping skills to help manage their PTSD symptoms. Interns may have opportunities to lead other groups including Anger Management, Cognitive Behavioral Therapy for Insomnia (CBT-I), Cognitive Processing Therapy (CPT-C), PTSD Moral Injury, and Rational Emotive Behavioral Therapy (REBT). 3) **Individual (Trauma-Focused) Treatment:** Conducting individual therapy with veterans with PTSD including the use of Prolonged Exposure (PE) and Cognitive Processing Therapy (CPT). 4) **IDT Collaboration:** Opportunities to observe/cotreat with other members of the IDT when indicated; Participation in weekly IDT team meetings.

**PTSD/SUD Program (4 month major rotation):**

This outpatient rotation provides services to veterans with both PTSD and Substance Use Disorders, as well as other common co-morbidities such as depression, insomnia, and complex traumatic stress disorders. PTSD/SUD treatment is offered to veterans with all forms of trauma, including child abuse and neglect, military sexual trauma, combat and war zone trauma, accidents, and other traumatic incidents. Interns work under the supervision of the PTSD/SUD Specialist and will work on both the PTSD and the SATP Teams. Treatment modalities include intake/triage and group, individual, and couples therapies. Interns will move through watching treatment to co-leading treatment to leading it. PTSD/SUD Program treatment is focused on three stages of recovery as outlined by Judy Herman: Safety and Stabilization, Remembrance and Mourning, and Reconnection. Emphasis is placed on learning evidence-based practices such as Seeking Safety, Dialectical Behavior Therapy Skills Training, Motivational Interviewing, Cognitive Processing Therapy, Mindfulness Meditation, Trauma-Focused Cognitive Behavioral Therapy, Imagery Rehearsal Therapy, and Adaptive Disclosure for moral injury. The opportunity to practice Eye Movement Desensitization and Reprocessing is also available, provided that the intern has taken Part I of the EMDR training and is successfully meeting competencies in other areas.
**Substance Abuse Treatment Program (SATP) (4 month major rotation):**

The SATP is comprised of outpatient and residential programs. Interns on this rotation receive training and experience in biopsychosocial substance abuse assessment and group therapy. There may be opportunity for individual therapy and family therapy. Interns will primarily be involved with the Substance Abuse Residential Rehabilitation Treatment Program but may have involvement in outpatient groups as well. Interns will be a member of the interdisciplinary treatment team for SATP.

**Health Psychology (4 month major rotation):**

This is an elective rotation and the following experiences are available to the intern depending upon intern interest and supervisor availability: Assessment of specific medical patient populations (e.g., patients with chronic pain, psychophysiological disorders, sleep disorders, and being considered for organ transplants or medical procedures); assessment of personality, psychopathology, and cognitive processes in relation to health problems; short-term individual psychotherapy; and behavior management plans. Psychological interventions related to illness adjustment issues, pain management, non-adherence to medical regimens, smoking cessation, weight management, and unhealthy behaviors.

**Neuropsychology (4 month major rotation):**

Interns gain knowledge, skills, and experience in providing direct psychological care to veterans in both inpatient and outpatient settings. Outpatient consults in the neuropsychology service are typically generated by mental health, primary care, and neurology services. Outpatient consults are for a wide variety of veterans crossing the age spectrum as well as a wide variety of mechanism of injury or illness (i.e., stroke, traumatic brain injury, brain tumor). Delivery of inpatient care would occur on the Spinal Cord Injury unit as well as on medical and surgical units through the Consultation and Liaison Service. Opportunities to complete both neuropsychological screenings and comprehensive neuropsychological evaluations are available to trainees. Trainees will also be involved in team meetings and conducting feedback session with veterans and family members.

**Geropsychology (4 month major rotation):**

Interns gain knowledge, skills, and experience in providing direct psychological care to older adult veterans in both inpatient and outpatient settings. Delivery of care is based in several areas, including the CLC (nursing home unit), subacute rehabilitation unit, and the palliative care/ hospice unit. Interns will become knowledgeable about the unique psychological and medical issues associated with aging. Trainees may serve as team members on several different interdisciplinary teams and work to develop consultation skills with those disciplines. Emphasis is placed on psychotherapy, diagnostic interviewing, behavior management, cognitive evaluation, end of life issues, and factors associated with treatment and care of dementia. There are opportunities for
program development and psychoeducational presentations for patients and staff. Interns may choose to focus specifically on clinical geropsychology, geriatric neuropsychology, or a combination of both.

**Home Based Primary Care/Rural Health and Geriatric Care** (4 month major rotation):

Interns become members of an interdisciplinary team to provide primary care to home-bound veterans and those in rural areas on the mobile clinic van. Although many patients are elderly, HBPC and the mobile clinic also frequently serve veterans with a wide range of chronic diseases and challenges. Common HBPC referrals include general mood evaluation, brief cognitive evaluations, decision-making capacity evaluations, adherence issues, and brief interventions for depression, anxiety, and adjustment to disability. Interns will gain skills in assisting patients and caregivers with the challenges of managing chronic disease, which may include supportive interventions, Motivational Interviewing, behavior management, and caregiver support. Interns often assist the team in understanding difficult patient dynamics and help staff to develop efficient strategies for managing complex patients and caregivers.

**Rehabilitation Psychology Rotations** (4 month major rotations):

These rotations are all 4 months long and include the Polytrauma Rehabilitation Center, the Polytrauma Transitional Rehabilitation Program, the Polytrauma Network Site (PNS), and the Spinal Cord Injury (SCI) unit. The Rehabilitation Psychology rotations are in accordance with the competencies aspired to by APA Division 22, Rehabilitation Psychology. Interns can elect to complete up to two of these rotations.

**Polytrauma:** This rotation involves work in the Polytrauma Rehabilitation Center (PRC) and Polytrauma Transitional Rehabilitation Program (PTRP), which are acute inpatient and residential treatment settings, respectively. Interns may select one program for four months, or two programs for two months each. In both settings, interns work as members of an interdisciplinary team consisting of the full complement of rehabilitation professionals (e.g., physicians, nurses, speech pathologists, occupational therapists, physical therapists, kinesiotherapists, recreational therapists, social workers, vision therapists). Interns participate in psychotherapeutic and behavioral interventions, neuropsychological evaluations, interdisciplinary treatment team meetings, and family conferences. Interns may also provide education, support and intervention to family members, who often stay in a special residence on our grounds during the patient's rehabilitation and are frequently present with patients. Interns work with patients and families in both individual and group settings.

**Polytrauma Network Site (PNS) clinic:** This is an outpatient rehabilitation program, and interns will be members of an interdisciplinary team consisting of physicians, neuropsychologists, psychologists, social workers, rehabilitation therapists, and other disciplines. Interns, under the supervision of a neuropsychologist, will conduct comprehensive neuropsychological evaluations.
with patients with diagnoses of mild, moderate, and severe traumatic brain injury, Posttraumatic Stress Disorder, among others. Interns will learn about the conduct individual, couples, and/or family psychotherapy under the supervision of a clinical psychologist. Interns will also be expected to participate in interdisciplinary treatment team meetings and family conferences.

**Spinal Cord Injury**: This is an inpatient/outpatient rehabilitation program. Interns will be members of an interdisciplinary team consisting of physicians, nurses, therapists (PT, OT, KT, RT, SLP), and other providers. Interns will work individually with patients and also lead education and therapy groups, conduct assessments, and consult with team members. Interns will learn extensive information about spinal cord injury and associated medical conditions.

**Primary Care/Health Psychology Track Specifics:**

We have 1 position annually for the **Primary Care/Health Psychology Track**. Interns on this track select three rotations from the following options.

**Weight Management** (4 month major rotation):

This rotation focuses on the psychological, social, and behavioral aspects of weight management. It addresses many psychological dimensions related to weight including body image, health behaviors, eating disorders, substance use, co-morbid mental health conditions, non-adherence to medical regimens, illness adjustment issues and social context. The following experiences are available to the trainee: trainees can expect to serve as a member of multiple interdisciplinary teams related to weight management (MOVE! and Bariatric Surgery); assessment of patients being considered for bariatric surgery or medical procedures; assessment of personality, psychopathology, and cognitive processes in relation to health problems; short-term individual psychotherapy; and behavior management plans; Co-lead MOVE! groups. Multiple treatment interventions are used including Motivational interviewing, CBT, ACT, DBT, Solution Focused Therapy, and Problem-Solving Therapy.

**Psycho-Oncology** (4-month major rotation):

This rotation focuses on the psychological, social, behavioral, existential and ethical aspects of cancer care. It addresses two main psychological dimensions of cancer care. First, the psychological responses to cancer at all stages of the disease, including that of families and caretakers. Second, the psychological, behavioral and social factors that may affect the disease process. At VAMC Richmond, Oncology is staffed by collaborative interdisciplinary teams (Medical Oncology, Radiation Oncology and Surgical Oncology). Psychology Interns may expect to work with a cadre of medical and psychosocial disciplines. There are multiple training opportunities in assessment and treatment, including co-occurring conditions. Treatments span an array of psychological difficulties, adjustment, adherence, affective disorders, psychoses, substance abuse,
trauma and other stressor-related disorders, anxiety disorders, cognitive impairment, and personality disorders. As such, the biopsychosocial treatment approach includes Cognitive Behavioral Therapy (CBT), Motivational Interviewing, Third-Wave CBT techniques, Dignity Therapy, Existential, and Interpersonal interventions. Interns may have the opportunity to co-facilitate a cancer support group. Interns will maintain an individual case load, provide inpatient services, and attend IDT’s and pre-conferences as an active member of the teams. Interns receive weekly supervision and can anticipate actively working alongside the preceptor.

**Chronic Pain Integrative Health Clinic (VIP) (4 month major rotation):**

This rotation focuses on the psychological, social, and behavioral aspects of chronic pain. It addresses many psychological dimensions related to chronic pain including pain management, unhealthy behaviors, substance use, cognitions, co-morbid mental health conditions, illness adjustment issues and social context. The following experiences are available to the trainee: trainees can expect to serve as a member of the VIP interdisciplinary team; assessment of patients with chronic pain; development of collaborative treatment plans; assessment of personality, psychopathology, and cognitive processes in relation to health problems; short-term individual psychotherapy; and behavior management plans. Multiple treatment interventions are used including CBT, ACT, Solution Focused Therapy, and Problem-Solving Therapy.

**Pre-Surgical Assessment/Consultation-Liaison/Behavioral Medicine (4 month major rotation):**

This is an elective rotation and the following experiences are available to the trainee depending upon trainee interest and supervisor availability: Pre-surgical psychological assessment as a component of the medical evaluation process for solid organ transplant, ventricular assist device (VAD), surgical weight loss, amputation, etc. Empirically based assessments include clinical interviews, cognitive screening, psychometric testing, and chart review to examine psychosocial concerns central to surgical and clinical outcomes. Assessments may be conducted both within the medical center for hospitalized patients and on an outpatient basis. This rotation will also offer trainees the opportunity to work with the Consultation-Liaison (C/L) mental health team within the medical center, serving patients hospitalized on surgical, cardiac, and general medical floors. The trainee will assess psychosocial domains and provide brief interventions for acute and chronic illness adjustment/coping, grief, pain management, procedural distress, traumatic stress, anxiety/depression, medical adherence, etc. May serve as liaisons between medical providers and patient/family to better enhance communication and facilitate understanding of illness and self-care. Trainees on this rotation will also maintain an outpatient caseload and employ evidenced based interventions (CBT, MI) for various behavioral medicine conditions to include insomnia, weight management, diabetes self-management, chronic pain, anxiety and depression related to chronic medical disorders (COPD, CHF, DM, amputation, etc.)
Mental Health – Primary Care Integration (MH-PCI) (4 month major rotation):

This is an elective rotation and the following experiences are available to the trainee depending upon trainee interest and supervisor availability: Conduct brief functional assessments and treatment plans according to the presenting problem; assess and triage unscheduled patients (“warm handoffs”) whose primary care provider (PCP) has requested they be seen the same-day by mental health; conduct brief individual therapy (3-6 sessions, 30 min appointments) for mental and behavioral health concerns (i.e., mild-moderate mental health conditions, chronic illness management, and health behavior change) with use of motivational interviewing, patient education, as well as CBT- and ACT-based therapies; facilitate 2-session sleep hygiene workshop as well as other workshops as available; consult and coordinate patient care with the interdisciplinary Patient Aligned Care Team (PACT); coordinate services with the Behavioral Health Lab (BHL), a phone-based team of providers that conducts brief assessment screening and follow-up on primary care patients.

Hospice and Palliative Care (HPC) (4-month major rotation):

This rotation will focus on provision of care for individuals with advanced, life-limiting and terminal illness and will include family support elements. The HPC population is diverse with respect to sociodemographic characteristics, medical difficulties, mental health issues and life experiences. Generally, on an inpatient basis, the Psychology Intern may expect to provide direct clinical service, consultation, interdisciplinary team participation, and staff education. The interprofessional team consists of psychology, medicine, nursing, pharmacy, social work, chaplaincy, music therapy, recreation therapy, dietary, and volunteer services. HPC also supports several medical and allied health training programs. The intern will conduct intake interviews, provide individual psychotherapy, and care for couples and families. Interventions will likely include a range of psychotherapies (e.g., supportive, cognitive-behavioral, psychoeducational, life review, meaning-centered (e.g., Dignity therapy), Motivational Interviewing. Interns receive weekly supervision and can anticipate actively working alongside the preceptor routinely. Supervision will emphasize a cognitive behavioral and social learning perspective within a brief treatment model and will incorporate existential and family systems approaches.

Polytrauma (4 month major rotation):

This rotation involves work in the Polytrauma Rehabilitation Center (PRC) and Polytrauma Transitional Rehabilitation Program (PTRP), which are acute inpatient and residential treatment settings, respectively. Interns work as members of an interdisciplinary team consisting of the full complement of rehabilitation professionals (e.g., physicians, nurses, speech pathologists, occupational therapists, physical therapists, kinesiotherapists, recreational therapists, social workers, vision therapists). Interns participate in psychotherapeutic and behavioral interventions, neuropsychological evaluations, interdisciplinary treatment team meetings, and family conferences. Interns may also provide education, support and intervention to family
members, who often stay in a special residence on our grounds during the patient’s rehabilitation and are frequently present with patients. Interns work with patients and families in both individual and group settings.

**Home Based Primary Care/Rural Health and Geriatric Care** (4 month major rotation):

Interns become members of an interdisciplinary team to provide primary care to home-bound veterans and those in rural areas on the mobile clinic van. Although many patients are elderly, HBPC and the mobile clinic also frequently serve veterans with a wide range of chronic diseases and challenges. Common HBPC referrals include general mood evaluation, brief cognitive evaluations, decision-making capacity evaluations, adherence issues, and brief interventions for depression, anxiety, and adjustment to disability. Interns will gain skills in assisting patients and caregivers with the challenges of managing chronic disease, which may include supportive interventions, Motivational Interviewing, behavior management, and caregiver support. Interns often assist the team in understanding difficult patient dynamics and help staff to develop efficient strategies for managing complex patients and caregivers.

**Serious Mental Illness and Dual Diagnosis Track:**

We have 1 position annually for the **Serious Mental Illness and Dual Diagnosis Track**. Psychology trainees will be assigned to six month rotations progressing from PRRC to Inpatient Psychiatry. This progression will introduce them to the essential skills and techniques working with Veterans with SMI. After completion of the PRRC (outpatient) rotation, interns will become a member of the inpatient psychiatric team. Throughout the internship, interns will spend one day per week with the residential substance abuse program, and will also have 3-5 clients through the outpatient mental health clinic. At the end of internship, interns will have a firmer appreciation for SMI within formal Mental Health Service programs, and the role of substance abuse on mental health. They will be equipped with foundational skills necessary to generalize learning to areas outside of the formal Mental Health Service umbrella. In sum, interns will gain experience in 4 programs/clinics during the training year. Minor rotations may occur throughout the experience such that psychology trainees have exposure to specialized training in other areas of critical importance to the discipline, as for instance in differential diagnosis via formal psychological or neuropsychological assessment.

**Psychosocial Rehab and Recovery Center (PRRC) Activities** (6 month rotation):

Involvement will include individualized assessment and recovery planning, classroom-based psycho-education and skills training, building of social support networks, consumer and family education/psycho-education on mental health-related issues, dual diagnosis treatment, linkage with vocational assistance, and linkage to other resources. Interns will have the opportunity to participate in ongoing program development projects, such as the writing and/or updating of course curriculum to ensure class
materials reflect evidence-based/emerging best practices, as well as outcome measurement efforts.

**Inpatient Activities** (6 month rotation) Participate as a member of the interdisciplinary treatment team. Perform group therapy, consumer and family education/psycho-education on mental health-related issues; brief individual therapy, psychological assessment for diagnostic clarification; and linkage to other resources as indicated. Additionally, interns may have the opportunity to participate in ongoing program development projects, such as the writing and/or updating of course curriculum to ensure class materials reflect evidence-based/emerging best practices and current rehabilitation needs of the patients served, as well as outcome measurement efforts.

**Substance Abuse Treatment Program (SATP) Activities** (Year-long experience): Participate as a member of the interdisciplinary team for outpatient and residential programs. Interns will be involved in providing recovery and CBT focused psychotherapy groups, treating individuals with dual diagnoses, providing psychoeducation and psychological assessments, and individual therapy and family therapy.

**Interprofessional Geropsychology Track:**

We have 2 positions to fill for the Interprofessional Geropsychology Track. Applicants who match to this track will become part of an interprofessional mental health training program anchored in our Geriatric Extended Care Service. The interprofessional program includes 2 Psychology interns, 4 Chaplaincy Residents, and 1 Social Work Intern. The interprofessional program includes shared trainings in Motivational Interviewing and interprofessional care; didactics focused on each discipline’s approach to assessment, intervention, professional development and ethics differ, overlap and complement the others; and development and provision of presentations to staff and patients regarding how each discipline contributes to addressing biopsychosocial-spiritual effects on mental health.

Psychology Interns on this track will complete 3, 4-month long major rotations; one rotation must be in an inpatient setting (this includes either the Long-term Care unit and/or Rehabilitation units, and/or Hospice and Palliative Care unit); and one rotation must be in an outpatient setting (this includes Home Based Primary Care, Geriatric Evaluation and Management Clinic, or Geriatric Health Care Center, or Geriatric Neuropsychology, or Oncology. The final rotation is elective and will be designed by the trainee and supervisors to reflect trainee interests and learning needs. This final rotation can emphasize any of the above experiences. Finally, as with all our interns, Geropsychology Track Interns will carry 3-5 outpatient mental health therapy cases, complete outpatient psychological evaluations, and attend didactics and seminars with other psychology interns.
**Hospice and Palliative Care (HPC) (4-month major rotation):**

This rotation will focus on provision of care for individuals with advanced, life-limiting and terminal illness and will include family support elements. The HPC population is diverse with respect to sociodemographic characteristics, medical difficulties, mental health issues and life experiences. Generally, on an inpatient basis, the Psychology Intern may expect to provide direct clinical service, consultation, interdisciplinary team participation, and staff education. The interprofessional team consists of psychology, medicine, nursing, pharmacy, social work, chaplaincy, music therapy, recreation therapy, dietary, and volunteer services. HPC also supports several medical and allied health training programs. The intern will conduct intake interviews, provide individual psychotherapy, and care for couples and families. Interventions will likely include a range of psychotherapies (e.g., supportive, cognitive-behavioral, psychoeducational, life review, meaning-centered (e.g., Dignity therapy), Motivational Interviewing. Interns receive weekly supervision and can anticipate actively working alongside the preceptor routinely. Supervision will emphasize a cognitive behavioral and social learning perspective within a brief treatment model and will incorporate existential and family systems approaches.

**Community Living Center (CLC) (4-month major rotation):**

This rotation is focused on the provision of psychological services in an interdisciplinary team setting with complex care residents. There is a density of individuals who lack the capacity to make their own medical and financial decisions or whose capacity fluctuates. The LTC population is diverse with a wide age range and problem list which allows for experience in case conceptualization in a matrix considering multi-cultural factors, developmental needs, psychological needs, behavioral issues, and neuropsychological abilities. The duties of the CLC psychologist in LTC included individual, group and family counseling, suicide assessment and prevention management, behavior management planning and consultation, psychological, capacity and neurobehavioral assessments, psychoeducation, and staff education. The interdisciplinary team includes physicians, nurse practitioners, pharmacists, social workers, memory care coordinator, nurses, restorative nurses, wound care nurses, dietary, recreation therapists, physical therapists, occupational therapists, and chaplains. The interns will conduct intake interviews; provide individual psychotherapy and care for veterans and family members; develop behavior management plans to reduce behavioral issues; cofacilitate the MH Discussion Group which is aimed at symptom monitoring, supporting socially appropriate behaviors, developing community and providing cognitive stimulation; offer staff consultation; complete neurobehavioral, capacity, and psychological assessments; develop treatment goals; and participate in the interdisciplinary care team meetings and huddles. Interventions will likely include a range of psychotherapies (e.g., supportive, cognitive-behavioral, ACT-informed, interpersonal, psychoeducational, life review, meaning-centered (e.g., Dignity therapy) and motivational Interviewing. Interns receive weekly supervision and can anticipate actively working independently and alongside the preceptor routinely. Supervision will emphasize cognitive behavioral, behavioral, psychodynamic, and social learning.
perspectives within a brief treatment model and will incorporate existential and family systems approaches. There may be opportunities to be involved with the short-stay rehabilitation unit’s team as well.

**Geriatric Neuropsychology Rotation (Gero/Neuro) (4-month major rotation):**

This rotation focuses on neuropsychological assessment of older adults primarily in the outpatient setting. Experiences will include evaluation of various forms of dementia, neurological diseases, post-stroke, decision-making capacity, and general cognitive functioning in the primary care and mental health clinic settings. As a member of the GEM team (Geriatric Evaluation and Management), the intern works alongside Geriatricians, Nursing, and Social Workers to provide brief, yet comprehensive evaluations of patients’ cognitive functioning and mood to assist with diagnosis, treatment, and behavior management. More traditional neuropsychological batteries are completed in the Mental Health Clinic, which includes learning to translate test data into helpful treatment recommendations to referral sources and family members. Interns may conduct several follow-up sessions with caregivers to provide psychoeducation on behavior management, dementia education, and general problem-solving around dementia-related concerns. Additionally, interns serve as co-facilitator (with Geriatrics SW) in the monthly caregiver support group.

**Home Based Primary Care/Rural Health and Geriatric Care (4 month major rotation):**

Interns become members of an interdisciplinary team to provide primary care to home-bound veterans and those in rural areas on the mobile clinic van. Although many patients are elderly, HBPC and the mobile clinic also frequently serve veterans with a wide range of chronic diseases and challenges. Common HBPC referrals include general mood evaluation, brief cognitive evaluations, decision-making capacity evaluations, adherence issues, and brief interventions for depression, anxiety, and adjustment to disability. Interns will gain skills in assisting patients and caregivers with the challenges of managing chronic disease, which may include supportive interventions, Motivational Interviewing, behavior management, and caregiver support. Interns often assist the team in understanding difficult patient dynamics and help staff to develop efficient strategies for managing complex patients and caregivers.

**Psycho-Oncology (4-month major rotation):**

This rotation focuses on the psychological, social, behavioral, existential and ethical aspects of cancer care. It addresses two main psychological dimensions of cancer care. First, the psychological responses to cancer at all stages of the disease, including that of families and caretakers. Second, the psychological, behavioral and social factors that may affect the disease process. At VAMC Richmond, Oncology is staffed by collaborative interdisciplinary teams (Medical Oncology, Radiation Oncology and Surgical Oncology). Psychology Interns may expect to work with a cadre of medical and
psychosocial disciplines. There are multiple training opportunities in assessment and treatment, including co-occurring conditions. Treatments span an array of psychological difficulties, adjustment, adherence, affective disorders, psychoses, substance abuse, trauma and other stressor-related disorders, anxiety disorders, cognitive impairment, and personality disorders. As such, the biopsychosocial treatment approach includes Cognitive Behavioral Therapy (CBT), Motivational Interviewing, Third-Wave CBT techniques, Dignity Therapy, Existential, and Interpersonal interventions. Interns may have the opportunity to co-facilitate a cancer support group. Interns will maintain an individual case load, provide inpatient services, and attend IDT’s and pre-conferences as an active member of the teams. Interns receive weekly supervision and can anticipate actively working alongside the preceptor.

**Evaluation and Assessment of Intern Progress:**

Assessment of the program's effectiveness is continuous and involves staff perceptions, supervisor observations, and intern feedback. Monthly training supervisors’ meetings are a critical part of the monitoring process. Training concerns will be reviewed, seminar evaluation information assessed and any necessary changes to curriculum or training goals/objectives (for the program overall or specific interns) will be addressed at these meetings. In addition there are quarterly executive training committee meetings. The interns may attend the executive training committee throughout the year.

**Intern Evaluation:** Ongoing feedback is provided to interns by their supervisors. When ever possible, it is our goal to identify areas needing development and incorporate these into an intern's training plan rather than needing to address formal problems or deficiencies. Midterm and final evaluations are conducted on each intern in accordance with the rotation schedule. At the completion of the rotation, final evaluations are provided by the supervisor(s) using the “Psychology Intern Evaluation Form.”

- Ratings are on a 1-4 scale:

  1. Intern requires direct observation and intensive basic instruction to use this skill. Competency for this skill is below the minimum expected at the beginning of internship and a Performance Improvement Plan is necessary.

  2. Intern requires close monitoring and instruction for this skill, although direct observation and basic instruction are not required. Competency for this skill is at the level expected at the beginning of internship training (expected intern entry level). A Performance Improvement Plan may be necessary.

  3. Intern requires moderate supervision for this skill, although close monitoring and instruction are not required. Competency for this skill is at the level beyond the start of the internship training year but below that
expected (entry level psychologist, entry level post-doctoral psychology fellow) at the conclusion of the internship year.

4 Intern requires minimal supervision for this skill in routine cases, although closer supervision may be required in more complex or unusual cases. Competency for this skill is at the level expected at the conclusion of the training year (expected intern exit level: prepared to begin post-doctoral fellowship or entry level psychologist position).

- Progress is determined by the ratings, and adjustments to training plans are made based on the guide below:

  o **First Rotation**: At conclusion of first rotation, an intern must achieve a majority of ratings of “3” in each competency area. Although an intern may receive a few ratings of “2”, a majority of ratings of “2” in a specific competency area will result in modifications to the training plan to address the area and improve performance.

  o **Second Rotation**: At conclusion of second rotation, an intern must achieve ratings of “3” or higher on all competency items in all competency areas. Any ratings of “2” or lower will result in modifications to the training plan to address the area and improve performance.

  o **Third Rotation (Internship Completion)**: By the conclusion of the training year, an intern must achieve a rating of “4” in all rated skills in each competency area, indicating that the intern requires minimal supervision and is exhibiting competency at the level expected at the conclusion of the training year (i.e., prepared to begin post-doctoral fellowship or entry level psychologist position).

- Copies of all evaluations are provided to the intern and results are summarized and sent to the intern’s home university. Evaluation documents become part of the intern’s permanent internship program file.

**Supervisor Evaluation**: Interns complete a written evaluation of all rotation supervisors by completing the “Supervisor Evaluation Form” at the end of the training year and submit it to the DOT.

**Requirements for Completion**
In addition to meeting all attendance requirements, at a minimum, successful interns will receive at least satisfactory ratings from their respective supervisors for their clinical rotations, long-term patient caseloads and assessment batteries.
Facility and Training Resources

Interns are provided with Richmond VAMC office space (on or near the unit of their primary rotation). Separate space for patient assessment, treatment and testing is provided in the clinical areas. Interns are issued necessary program equipment including digital equipment (computer, printer, etc.), and granted necessary computer access including access to the VHA’s Decentralized Hospital Computer Program (DHCP) and Computerized Patient Record System (CPRS).

Interns may have daily access to comprehensive medical libraries at the Richmond VAMC, and the Medical College of Virginia at Virginia Commonwealth University (MCV/VCU). Both libraries provide internet connections and copying services. The Richmond VAMC medical library has approximately 3,500 volumes (titles) and 450 professional journal subscriptions. The Virginia Commonwealth University medical library has approximately 306,928 volumes (titles), and 9,980 professional journal subscriptions. Both medical libraries offer significant psychology and neuropsychology text and journal sections, as well as online journal access. Additionally, interns may have access to local statistics packages and biostatistician consultation.

Administrative Policies and Procedures regarding Equal Opportunity /Diversity:

The Department of Veterans Affairs is an Equal Opportunity Employer; even though technically not employees, all of our training programs are committed to inclusion to foster a range of diversity among our training classes. Thus, qualified applicants with a range of life experiences are encouraged to apply with consideration given to VA experience as well as professional or personal experience with historically underrepresented groups, such as ethnic minorities, as well as sexual orientation, and disability status.

Applicants with disabilities choosing to request reasonable accommodations to facilitate the interview process are invited to make requests after the invitation to interview is received but as early as possible thereafter in order to allow sufficient time to make necessary arrangements. Accommodations are individualized, and in the past have ranged from providing specific instructions on locating accessible entrances and elevators, to arranging secure V-tel interviews from a VA nearer to the applicant.

Use of Distance Education Technologies for Training and Supervision:

We do not use distance education technologies for supervision. VA does make use of an online education portal for required VA trainings. All other trainings are conducted on site.
Psychology Training Staff

**Lead Psychologist**  
Mary Bradshaw, Psy.D, Acting Associate Chief MHSL & Supervisory Clinical Psychologist

**Director of Training for Psychology**  
Thomas Campbell, Ph.D., ABPP-RP

**Assistant Internship Director**  
Christopher Murphy, Psy.D.

**Director of Rehabilitation Psychology Post-Doctoral Fellowship**  
Thomas Campbell, Ph.D., ABPP-RP  
Suzzette Chopin, Ph.D., Assistant Director

**Director of MIRECC Post-Doctoral Fellowship**  
Scott McDonald, Ph.D.

**Kelly Araujo**, Psy.D. 2013, Nova Southeastern University, Fort Lauderdale FL  
Licensed Clinical Psychologist: State of Maryland  
Internship: Trauma Resolution Integration Program – Psychology Services Center at Nova Southeastern University, Fort Lauderdale, FL  
Post-Doctoral Fellowship: Sheppard & Enoch Pratt Hospital – Trauma Disorders Unit (Inpatient and Outpatient), Towson, MD  
Clinical Duties: Staff Psychologist in Outpatient Mental Health. Provide individual and group therapy. Provide evidence-based approaches for trauma resolution. Research Interests: PTSD, Complex trauma, Dissociation

**Melanie Avery**, Ph.D. 2016, University of South Carolina, Columbia SC  
Licensed Clinical Psychologist, Commonwealth of Virginia  
Postdoctoral Fellowship: Salem VAMC, Center for Traumatic Stress  
Clinical Duties: ACE intake provider; supervisor for intern’s ACE intakes; trauma focused psychotherapy.  
Research Interest: PTSD & Substance Abuse

**Rebecca Aycock**, Ph.D., University Of Memphis  
Internship Site: St Louis VAMC  
Postdoctoral Fellowship: Virginia Commonwealth University Health Systems-Clinical Health Psychology Training Fellowship  
Licensed Clinical Psychologist, Commonwealth of Virginia  
Clinical Duties: Health psychologist integrated in Bariatric Surgery, MOVE! program, and VIP Clinic (Chronic Pain). Conducts pre-surgical and pre-transplant evaluations and targeted behavioral health treatments as part of interdisciplinary teams. Utilizes ACT, CBT, and MI interventions.
Research Interests: Health Promotion and Disease Prevention, Health Disparities, Implementation Science

Rachel Bangit, Psy.D. 2017, American School of Professional Psychology, Argosy University, Washington, D.C.
Clinical duties: Member of ACE Intake Clinic, primarily responsible for clinical evaluations, diagnosis, and treatment planning; assist with intern supervision on ACE intakes and group supervision; offer variety of MHC group therapies.
Research Interests: Veteran/Military focused psychology, systemic implication of trauma, Bereavement and Loss.

Licensed Clinical Psychologist, State of Virginia
Clinical duties: Member of PTSD Clinical Team; provides individual and group psychotherapy; crisis intervention; family support and education; psychological assessment; clinical consultation; development and maintenance of patient databases; ongoing research collaboration at McGuire; faculty responsibilities through VCU Medical Center.
Research Interests: Combat-related PTSD; forensic evaluation and treatment; chemical dependency treatment; general adult psychopathology; treatment of the chronically mentally ill.
Faculty appointments: Assistant Professor, Department of Psychiatry, Virginia Commonwealth University.

Jessica Bolger Melchiorre, PsyD 2012, American School of Professional Psychology, Argosy University, Washington, D.C.
Internship Site: Saint Elizabeths Hospital, Washington, D.C.
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical Duties: Outpatient Mental Health Clinic Psychologist; Chair of BHIP Redesign Task Force; member of MH Clinic Therapy Team; provides individual and group psychotherapy (CBT for Depression; Problem Solving Training; and DBT); crisis intervention; and clinical consultation.
Clinical Interests: Forensic; Severe Mental Illness; Risk Assessment/Mitigation; Crisis Management
Research Interests: None currently
Academic/Faculty Affiliation: None currently

Mary Bradshaw, Psy.D. 2003, Argosy University, Washington, D.C.
Internship Site: Medical College of Virginia
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical Duties: Psychosocial Rehabilitation Recovery Center Coordinator. Provide group and individual treatment for seriously mental ill with goal of reintegration to community.
Jennifer Cameron, Ph.D., 2008 University of Alabama at Birmingham, Alabama
Licensed Clinical Psychologist, State of Virginia
Clinical Duties: Provide health behavior consultation to Primary Care staff and patients in individual and group formats as well as contribute to health promotion and disease prevention efforts.
Research Interests/activities: Interested in weight, sleep, cardiac, no current major projects
Academic Appointments: Affiliate Assistant Professor, Department of Psychology, VCU

Thomas Campbell, Ph.D., ABPP 2008, Virginia Commonwealth University, Richmond
Board Certified in Rehabilitation Psychology
Internship: Minneapolis VA Health Care System
Postdoctoral Fellowship: McGuire VA Medical Center Rehabilitation Psychology Fellowship
Licensed Clinical Psychologist, State of Virginia
Clinical Duties: Polytrauma Rehabilitation Center, Neuropsychologist
Research Interests/activities: TBI and PTSD, Response Validity, Self-Report Styles
Academic Appointments: Clinical Assistant Professor, VCU Department of PM&R; Affiliate and Adjunct Professor, VCU Department of Psychology

Suzzette Chopin, Ph.D., 2013, Virginia Commonwealth University, Richmond
Internship: McGuire VAMC, Richmond, Virginia
Postdoctoral Fellowship: McGuire VAMC Rehabilitation Psychology Fellowship
Licensed Clinical Psychologist, State of Virginia
Staff Psychologist: Rehabilitation Neuropsychologist, Polytrauma Residential Program (PTRP).
Research Interests: Complementary and Integrative Medicine
Faculty appointments: Affiliate Professor in Psychology, Virginia Commonwealth University.

Emmeline Cook, PhD, 2010, Tennessee State University
Licensed Clinical Psychologist, State of West Virginia
Internship: Dutchess County Department of Mental Hygiene, Poughkeepsie, NY, APA Accredited.
Staff Psychologist: Home Based Primary Care. Dr. Cook has extensive professional experience working with SMI populations and conducting a wide range of psychological assessments. Dr. Cook has a particular interest in DBT skills training and the assessment of malingering.

Michelle Emrich, Psy.D., 2008, Spalding University
Internship: Salem VAMC, Salem, Virginia
Postdoctoral Fellowship: Virginia Commonwealth University Health Systems-Clinical Health Psychology Training Fellowship
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical Duties: Health psychologist providing pre-surgical mental health assessment; member of inpatient mental health Consultation-Liaison (C/L) team to employ brief bedside interventions for patients hospitalized with acute and chronic illness; Provides evidenced based (CBT, CBTi, MI) for range of behavioral medicine conditions Clinical supervisor for Pre-Surgical Assessment/Consultation-Liaison/Behavioral Medicine rotation.

**Rebecca Fromme**, Ph. D. 2000, State University of New York at Buffalo, Buffalo, NY  
Licensure: Virginia and New York Licensed Counseling Psychologist  
Clinical Duties: Provide Neuropsychological assessment to inpatient and outpatient older adults, including screenings, capacity evaluations, and post-stroke. Serve as consultant for staff and families on issues related to dementia, behavior management, caregiver concerns.  
Training and Didactics: Geriatric Neuropsychology, Managing Difficult Patients, Geropsychology, and Boundary Issues for Medical Staff.  
Research Interests: Geropsychology and Caregiver Concerns  
Faculty Appointments: Adjunct Assistant Professor in Psychology, Virginia Commonwealth University.

**Sharon Funari**, Ph.D. Clinical Psych, 2008, VCU, Richmond, VA  
Licensed Clinical Psychologist, State of Virginia  
Internship: James Quillen VAMC  
Clinical Duties: Primarily responsible for individual/group treatment of patients within the outpatient Polytrauma Network Site. Serve as team member to full complement of rehab team. EBPs include: IPT-D, ACT, PE, CPT  
Training and Didactics: Supervise PNS rotation and provide Ethics seminars.  
Research Interests/activities: attachment; resilience  
Academic Appointments: Affiliate Assistant Professor, Department of Psychology, VCU

**Meghan Geiss** Ph.D., 2013, University Of Memphis, Memphis, TN  
Internship Site: North Florida/South Georgia VHA  
Postdoctoral Fellowship: McGuire VAMC- Rehabilitation Psychology (2-year Fellowship)  
Licensed Clinical Psychologist, Commonwealth of Virginia  
Clinical Duties: Neuropsychologist, Polytrauma Rehabilitation Center (PRC)  
Research Interests: Sleep and brain injury  
Academic Appointments: Affiliate Assistant Professor in Psychology, Virginia Commonwealth University.

**Eugene Gourley**, Ph.D., 1998, Virginia Commonwealth University  
Internship: Washington, D.C., Commission on Mental Health  
Postdoctoral Fellowship: Neuropsychology and Rehabilitation Psychology at Virginia Commonwealth University (VCU) Medical Center  
Licensure: Virginia  
Clinical Duties: Dr. Gourley is a neuropsychologist with the Polytrauma Network Site (PNS). He provides supervision of interns doing screenings in outpatient
neuropsychology clinic and through the SeRV-MH (Returning veteran program for OIF/OEF/OND veterans).

**Allen B. Grove**, Ph.D., 2010, Hofstra University  
Internship: National Naval Medical Center, Bethesda, Maryland  
Postdoctoral Fellowship: U.S. Naval Hospital, Yokosuka, Japan  
Licensed Clinical Psychologist, Commonwealth of Virginia  
Clinical Duties: Conduct intakes, individual therapy (including Prolonged Exposure & Cognitive Processing Therapy), and group therapy (including PTSD Recovery, Anger Management, & Rational Emotive Behavior Therapy [REBT]); Supervise MIRECC Fellows & psychology interns doing the above.  
Research Interests: Imaginal and Virtual Reality Exposure Procedures for Aviophobia; Prevention Programs for Oppositional Defiant & Conduct Disorders (ODD/CD); Parent Cognitions & Parent / Child Interactions; Behavioral Interventions for Attention-Deficit / Hyperactivity Disorder (ADHD)  
Academic/Faculty Affiliations: None currently (past adjunct professor at Hofstra University)  
Member of: American Psychological Association & Association for Behavioral & Cognitive Therapies

**Margaret Gsell**, Ph.D., 2011, Virginia Commonwealth University  
Internship: James H. Quillen VA Medical Center, Mountain Home, TN  
Postdoctoral Fellowship: Behavioral Medicine, Geisinger Medical Center, Danville, PA  
Licensed Clinical Psychologist, State of Maryland  
Job Duties: Primary Care Mental Telehealth. Provide Primary care mental health services via telehealth to rural locations.  
Research Interests: Weight Management, Rural Health, Health Promotion and Disease Prevention  
Academic/Faculty Affiliations: N/A

**Diane Harris**, Psy.D., 1999, Illinois School of Professional Psychology, Chicago  
Internship: Ethan Allen School  
Licensure: Clinical Psychologist, Commonwealth of Virginia  
Clinical Duties: Staff Psychologist working on the inpatient psychiatric unit with Veterans admitted for acute serious mental health issues that require stabilization and treatment. Perform evidenced based individual and group psychotherapy, and psychodiagnostic assessment. Provide consultation to the treatment team as well as other staff within the VA. Provides referrals to other services within the VA. Provides evidenced based treatment (CPT) for PTSD to the outpatient clinic as needed. On the Executive Training Committee and Chair of the Documentation Committee in this VAMC. Provides inpatient and outpatient intern supervision, and supervision of a Peer Support Specialist.

**Patricia Jones**, Ph.D., 1995, Georgia State University  
Licensed Clinical Psychologist, State of Virginia
Clinical Duties: Psychologist on Polytrauma Transitional Rehabilitation Program. Duties include providing diagnostic evaluations to all patients admitted to program, providing individual, family, and marital therapy, provide group psychotherapy, attend IDT meetings and other patient care related meetings (behavioral rounds, family conferences, etc.), participate on steering committee, participate on national conference meetings regarding PTRP, program development, etc.
Research interests: Outcome studies regarding role of family in the recovery process from TBI.
Faculty appointments: Previous adjunct role at VCU as supervisor affiliated with VCU’s Counseling and Psychological Services & Development (CPSD).

Kathleen McCune, Ph.D., 1992, Virginia Commonwealth University
Licensed Clinical Psychologist
Clinical Duties: Provide assessment, neuropsychological screening, psychotherapy, behavioral management plans for the patients and families of, and team consultation for the staff of the Community Living Center, Geriatric Rehabilitation Center and the Palliative Care Units. Dr. McCune is also a member of the facility’s Disruptive Behavior Committee.
Research Interests: Geropsychology topics; adjustment to life transition in late life.

Scott D. McDonald, Ph.D., 2006, Clinical Psychology, Virginia Commonwealth University, Richmond, VA
Licensed Clinical Psychologist, State of Virginia
Internship: University of Alabama at Birmingham/Birmingham VA Consortium
Postdoctoral Fellowship: MIRECC Durham VA Medical Center
Training and Didactics: Director of VA MIRECC Advanced Fellowship Program. Provide research supervision across training programs.
Research Interests/Activities: Dr. McDonald’s research program focuses on characterizing and assessing the sequelae of trauma and injuries leading to disability. His current research aims to better understand resilience and adjustment among military Veterans receiving rehabilitation for TBI/polytrauma, spinal cord injury (SCI), and other medical conditions, and how best to support caregivers.
Academic Appointments: Affiliate Assistant Professor, VCU Departments of Psychology and Physical Medicine and Rehabilitation.

Brian L. Meyer, Ph.D., 1990, Duke University
Internship: Cambridge Hospital and Cambridge Child Guidance Center, 1988-89
Postdoctoral Fellowship: Harvard Community Health Plan, 1989-90
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical duties: PTSD-SUD Specialist. Provide evidence-based and evidence-informed individual, family, couples, and group psychotherapies for Veterans with substance abuse problems and Posttraumatic Stress Disorder. Treatments include Seeking Safety,
Dialectical Behavior Therapy Skills Training, Eye Movement Desensitization and Reprocessing; Cognitive Processing Therapy; Motivational Interviewing, Mindfulness Meditation, Trauma-Focused Cognitive Behavioral Therapy, Imagery Rehearsal Therapy, and Adaptive Disclosure for moral injury. Serve as Interim Workplace Violence Prevention Coordinator, overseeing all workplace violence prevention efforts at McGuire VAMC; Interim Co-Chair, Employee Threat Assessment Team. Research interests: trauma, substance abuse, child abuse, co-occurring disorders, mindfulness meditation. 

Academic/Faculty Affiliations: Assistant Professor, Department of Psychiatry, Virginia Commonwealth University.

Natasha Mroczek, Psy.D., 2014, Florida Institute of Technology 
Internship: Carl T. Hayden VAMC, Phoenix, AZ 
Postdoctoral Fellowship: Memphis VAMC, Clinical Health Psychology Postdoctoral Fellowship, Memphis, TN 
Licensure: Virginia 
Clinical Duties: Health psychologist in Primary Care-Mental Health Integration (PC-MHI). Conducts brief functional assessments and provides solution-focused treatment of mental and behavioral health concerns utilizing motivational interviewing, CBT- and ACT-based approaches. Collaborates with interdisciplinary team of providers in Patient Aligned Care Team (PACT), as well as nurses in Behavioral Health Lab (BHL), who assist in provision of measurement-based care. Provider status achieved in CBT for Chronic Pain (CBT-CP) and CBT for Insomnia (CBT-I). Rotation supervisor for PC-MHI.

Christopher J. Murphy, Psy.D. 2008, Regent University 
Internship: Dwight D. Eisenhower Army Medical Center, 2007-08 
Postdoctoral Fellowship: Dwight D. Eisenhower Army Medical Center, 2008-09 
Licensed Clinical Psychologist, Commonwealth of Virginia 
Clinical duties: Compensation and Pension Forensic Psychologist. Provide evidence-based group Cognitive Processing Therapy for Veterans with PTSD. Specifically focus on combat PTSD and PTSD due to working with Mortuary Affairs/Graves Registration. Work with PTSD team to coordinate and integrate treatment for veterans with both sets of difficulties. Also provide clinical consultation, psycho-education, and patient and staff education. 
Research interests: Combat trauma, Military Culture and History and its effects on transition from DoD to the civilian sector, Wounded Warrior Project 
Academic/Faculty Affiliations: Affiliate Assistant Professor, VCU Department of Psychology.

Brian Mutchler, Psy.D. 1999, Indiana University of Pennsylvania 
Internship: HH McGuire VAMC; Richmond, VA 
Postdoctoral Fellowship: Gulf War Illness Research 
Licensed Clinical Psychologist, Commonwealth of Virginia 
Clinical Duties: Provide assessment, psychological testing, psychotherapy, behavioral therapy, and family therapy for newly injured and long-term Spinal Cord Injury patients as part of an interdisciplinary treatment team. Also provide patient and staff education.
Additional clinical interests are PTSD treatment and ACT. Member of the IRB and appointed to the VAMC R&D Committee.
Research Interests: Health Psychology in relation to SCI.
Academic/Faculty Affiliations: Affiliate Assistant Professor in Psychology, Virginia Commonwealth University.

Samuel E. Park, PhD 2013, Biola University, Rosemead School of Psychology
Internship: University of Rochester, Rochester, NY
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical duties: Outpatient Mental Health Clinic Psychologist. Provide evidence-based and supported individual, conjoint, and group psychotherapy, as well as trauma-informed treatments for military sexual trauma for male and female veterans.
Research interests: Military sexual trauma; interpersonal neurobiology; and complex trauma.
Training/Didactics: Co-facilitate Diversity Training Seminar
Academic Affiliations: Affiliate Assistant Professor, VCU Department of Psychology.

Sarah Raymond, PhD 2005 Michigan State University
Internship: University of Notre Dame, Notre Dame IN
Licensure: Illinois
Clinical Duties: Acting Military Sexual Trauma Coordinator, Outpatient Mental Health Clinic Psychologist. Provides evidenced based individual and group therapy, and trauma informed treatments for military sexual trauma and complex trauma for male and female veterans. Treatments include Dialectical Behavior Therapy Skills Training; Cognitive Processing Therapy, STAIR: Skills Training in Affective and Interpersonal Regulation, and CBT.
Training Didactics: Supervision and Military Sexual Trauma.
Research Interests: Military Sexual Trauma, Sexual Violence and help-seeking

Brian Reiner, Psy.D., 2011, Regent University, Virginia Beach, V.A.
Internship: Eastern Virginia Medical School
Postdoctoral Fellowship: McGuire VAMC Rehabilitation Psychology 2-year Fellowship
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical Duties: Outpatient neuropsychological assessments and psychotherapy for the Compensated Work Therapy Program (CWT) and the Polytrauma Network Site Program (PNS). Inpatient neuropsychological assessments and psychotherapy for the Service Member Transitional Advanced Rehabilitation Program (PNS).
Research Interests: Alternative Medicine, Mindfulness
Faculty appointments: Adjunct Assistant Professor in Psychology, Virginia Commonwealth University.

Jarrod Reisweber, Psy.D. James Madison University, Harrisonburg, VA & Ed. S. The College of William and Mary, Williamsburg, VA
Internship: University of Texas Health Science Center—San Antonio, San Antonio, Texas
Postdoctoral Fellowship: University of Pennsylvania Aaron T. Beck Psychopathology Research Center, Philadelphia, PA
Licensed Clinical Psychologist: State of Virginia
Clinical Duties: Staff Psychologist for Substance Abuse Treatment Program providing intakes, consultation, individual therapy, and group therapy using a cognitive behavioral approach.
Research Interests: Psychology of Religion, CBT for Substance Abuse, & CBT for Schizophrenia

Brenda E. Scott, Ph.D., 1996 George Mason University, Fairfax Virginia
Internship: Howard University Counseling Center, Washington, DC
Postdoctoral Fellowship: Central State Hospital, Petersburg, Virginia
Licensed Clinical Psychologist, Commonwealth of Virginia
Clinical duties: Provide services to Spinal Cord Injury veterans on an inpatient unit and through an outpatient clinic. Provided services: individual/family/behavioral therapy, psychological assessment/testing, smoking cessation, patient education, staff education and consultation to interdisciplinary team. Trained in ACT
Didactics Provided/Training: Living with a Disability, SCI rotation
Research Interests: Stress Management, Pain Management
Faculty appointments: Adjunct Assistant Professor in Psychology, Virginia Commonwealth University

Lillian Flores Stevens, Ph.D., 2010, Virginia Commonwealth University
Internship: McGuire VAMC
Postdoctoral Fellowship: Virginia Commonwealth University Medical Center; McGuire VAMC (MIRECC Program).
Licensed Clinical Psychologist: Commonwealth of Virginia
Clinical Duties: Provide individual and couples therapy to Veterans with Polytrauma / traumatic brain injury (TBI) to address co-occurring posttraumatic stress disorder and impact of Polytrauma / TBI on the family.
Research Interests: Polytrauma / Traumatic Brain Injury (TBI), caregiver and family adjustment to TBI, rehabilitation outcomes, culture, and development of a Polytrauma family intervention. Serves as Site-Principal Investigator for the VA Polytrauma Rehabilitation Center Traumatic Brain Injury Model Systems (VA TBIMS) study (a prospective, longitudinal, multi-site study of TBI, treatment, and outcomes).
Training/Didactics: Co-facilitate Diversity Training Seminar; provide research supervision to postdoctoral fellows
Faculty Appointments: Affiliate Assistant Professor, Department of Psychology; Affiliate Instructor, Department of Physical Medicine and Rehabilitation; Virginia Commonwealth University

Dominique Tarber, Psy.D., 2014, Radford University
Internship: W.G. Hefner VAMC
Licensed Clinical Psychologist: Commonwealth of Virginia, North Carolina
Clinical Duties: Staff psychologist, currently serving as the Local Recovery Coordinator. Primary duties include assisting with transforming local VA services to a recovery oriented model of care, to sustain these changes, and to support further systemic change as new evidence becomes available. Additional interests include empirically-based treatments for PTSD and MST recovery.

Jennifer E. Wartella, PhD, Virginia Commonwealth University  
Internship: University of Arizona Medical Center  
Postdoctoral Fellowship: University of Virginia Center for Addiction Research  
Licensure: Virginia  
Clinical Duties: Staff psychologist with the Home Based Primary Care team. Research interests: geriatrics, neuropsychology, brain injury, chronic illness/pain, mood disorders, motivational interviewing strategies and working with underserved populations.  
Faculty Appointment: Adjunct professor for the psychology department at Virginia Commonwealth University.

Carl Williams, Ph.D., 2001, Virginia Polytechnic Institute and State University, Clinical Psychology.  
Licensure: State of Nevada  
Internship: University of California, San Diego  
Postdoctoral Fellowship: University of California, San Diego  
Staff psychologist to Hospice Palliative Care and to Oncology at RVAMC. He is a trainer and consultant mentor with the VA’s Motivational Interviewing (MI) and Motivational Enhancement Therapy (MET) Evidenced-Based Psychotherapy (EBP) initiatives and he is a consultant for the Cognitive Behavioral Therapy for Substance Use Disorders (CBT-SUD) EBP. He has acquired provider status in ACT-D and CBT-D. With existential and interpersonal appreciation, he employs a broad range of behavioral, cognitive and third wave treatment methodologies to mental health recovery and coping with serious illness. Dr. Williams has previously served as a Supervisory Psychologist and as a Director of Psychology Training. He was recently Site PI for PACT to Improve Health Care in People with Serious Mental Illness (PI: Alexander S Young, MD MSHS, UCLA, GLAVA). Dr. Williams has served on research committees (IRB and R&D, VA Linda, CA and R&D VA San Diego, CA).

Internship: HH McGuire VAMC; Richmond, VA  
Postdoctoral Fellowship: Central State Hospital and Liberty Forensic Unit; Petersburg, VA  
Licensed Clinical Psychologist, Commonwealth of Virginia  
Clinical duties: Provide assessment, psychological testing, psychotherapy, behavioral therapy, and family therapy for newly injured and long-term Spinal Cord Injury patients as part of an interdisciplinary treatment team. Also provide patient and staff education, and assessment and treatment for patients in the SCI outpatient clinic. Provide
assistance and support for the SCI Peer mentoring program and oversee the SCI Smoking Cessation Program.

Research Interests: Smoking Cessation in SCI; Depression and Pain in SCI.
Academic/Faculty Affiliations: Assistant professor, Department of Psychology, Virginia Commonwealth University.

**Milo Wilson**, Ph.D. 2013, Ohio University, Clinical Psychology
Internship: VA Pittsburgh Healthcare System
Postdoctoral Fellowship: Milwaukee VAMC – LGBT Veteran Heathcare
Licensure: Virginia, Wisconsin

Clinical duties: Psychologist in the Outpatient Mental Health Clinic specializing in suicide prevention and LGBTQ mental health. Provide evidence-based and -informed individual and group psychotherapy for a range of mood, anxiety, and personality disorders, as well as trauma-informed treatments. EBP training includes: CBT, ACT, DBT, MI, CAMS, CPT, Seeking Safety, PE. Also, serve as the LGBT Veteran Care Coordinator and the LGBT EEO Special Emphasis Committee Program Chair.

Clinical Interests: LGBTQ Healthcare and Trauma Recovery
Internship Trainees

2008-2009 Interns:

- Leah Farrell, Ph.D.
  Virginia Tech University
- Rachel Gow, Ph.D.
  Virginia Commonwealth University
- Monique Moore, Ph.D.
  University of North Carolina, Chapel Hill

2009-2010 Interns:

- Whitney Brown, Psy.D.
  Argosy University, Washington DC
- Aaron Grace, Psy.D.
  Baylor University
- Lillian Stevens, Ph.D.
  Virginia Commonwealth University

2010-2011 Interns:

- Andrea Konig, Ph.D.
  Virginia Commonwealth University
- Reginald McRae, Psy.D.
  Argosy University, Washington DC
- Meghan Richetti, Psy.D.
  Spaulding University

2011-2012 Interns:

- Sharon Starkey Cummings, Psy.D.
  Argosy University, Washington D.C.
- Kristen N. Leishman, Psy.D.
  Pepperdine University
- Christa M. Marshall, Psy.D.
  Roosevelt University

2012-2013 Interns:

- Suzzette M. Chopin, Ph.D.
  Virginia Commonwealth University
- Natalie C. Fala, Psy.D.
  Florida Institute of Technology
- Rachel L. Freed, Psy.D.
  Nova Southeastern University
2013-2014 interns:

General Track:

- Jeanne Renee Anderson  
  Pacific University
- Kathryn Hefner  
  University of Wisconsin-Madison
- Sarah Skeeters  
  University of Indianapolis

Primary Care Mental Health Track

- Rebekah Forman  
  Seattle Pacific University

2014-2015 interns:

General Track:

- Timothy Aigner  
  Gallaudet University
- Yanna Lapis  
  Pacific Graduate School of Psychology, Palo Alto University
- Charlene Tai  
  Pacific Graduate School of Psychology, Palo Alto University

Primary Care Mental Health Track:

- Thomas Burroughs  
  Pacific Graduate School of Psychology, Palo Alto University

2015-2016 interns:

General Track:

- Megan Aiello  
  Southern Illinois University
- Sara Bock  
  Virginia Consortium Program in Clinical Psychology
- Therese V. Cash  
  Virginia Commonwealth University
Primary Care/Health Psychology Track:

- **Michael Chatterton**
  University of Indianapolis

MH Across the Life Span:

- **Samantha Overstreet**
  University of Tulsa

2016-2017 interns:

General Track:

- **Timothy Avery**
  PGSP-Stanford Psy.D. Consortium
- **M. Kathleen Holmes**
  St. John’s University, NYC, Clinical Program
- **Janette Hamilton**
  Virginia Commonwealth University, Counseling Program

Serious Mental Illness and Dual Diagnosis:

- **Lizette Aguirre-Giron**
  PGSP-Stanford Psy.D. Consortium

Primary Care/Health Psychology Track:

- **Jay Wiles**
  Regent University

2017-2018 interns:

General Track:

- **Stephanie Malozzi**
  University of Kansas
- **Stephanie Snyder**
  University of Hartford
- **Alissa Goldstein**
  Radford University

Serious Mental Illness and Dual Diagnosis:

- **Charley Blunt**
Adler University

**Interprofessional Geropsychology Track:**

- Laura Jurewicz  
  Midwestern University
- Laura Gaworski  
  Wisconsin School of Professional Psychology

**2018-2019 interns:**

**General Track:**

- David Rothman  
  Virginia Commonwealth University
- Jamie Salisbury  
  University of Hartford

**Primary Care/Health Psychology Track:**

- Joshua Johnson  
  Howard University

**Serious Mental Illness and Dual Diagnosis:**

- Sarah Scott  
  Alliant IU/CSPP San Francisco

**Interprofessional Geropsychology Track:**

- Carolyn Resner  
  Palo Alto University
- Tammy Wildgoose  
  Alliant IU/CSPP San Diego
Local Information

About Richmond Virginia and surrounds

An historic city and Virginia’s capital, Richmond offers an attractive array of leisure, cultural, and social opportunities not usually found in mid-sized cities. Beautiful neighborhoods juxtaposed to modern high rises with striking architecture set the stage for the numerous cultural, educational and recreational events befitting its nearly 200,000 citizens (approximately 1,000,000 in the metro area).

Nationally recognized for its vitality and New Economy, Richmond’s diversified employment base extends from chemical, food and tobacco manufacturing to cutting edge biotechnology and high-tech fiber production. Higher education is a prominent force as well. The area consistently ranks among “Best Places to Live and Work in America” in several national publications. Bisected by the James River, its numerous parks and woodlands offer solitude and excitement even when close to the city center.

Richmond is proud to support several first-class museums and three prominent universities, its own symphony, the American Youth Harp Ensemble, an annual folk festival, professional ballet and opera, and numerous theater companies and art galleries.

Richmond restaurants also feature prominently in many national publications and our city has been described one of the top “under-the-radar foodie cities” in the country.
Highlights include two restaurants from award-winning chef Peter Chang, as well as restaurants by multiple James Beard Award finalists such as David Lynch of L'Opossum – recently named Best Restaurant in the South by Southern Living Magazine.

While offering easy access to the Atlantic Ocean and the Chesapeake Bay, Appalachian and Blue Ridge Mountains as well as being only 90 minutes south of Washington, D.C., Richmond features countless pastimes right at home. Trendy boutiques, varied bistro and restaurants, numerous sports and entertainment attractions, outdoor pursuits among one of the nation’s largest river park systems, and a treasure trove of historic landmarks provide opportunities for nearly endless learning and relaxation.

**Stipends and Benefits**

**Stipend:** Interns receive a competitive stipend paid in 26 biweekly installments. VA internship stipends are locality adjusted to reflect different relative costs in different geographical areas. Current stipend (2018-19) for Richmond VAMC is $26,942 (plus benefits).

**Benefits:** The internship appointments are for 2080 hours, which is full time for a one-year period. Start date for our internship will be August 19, 2019. VA interns are eligible for health insurance (for self, married spouse, and legal dependents) and for life insurance, just as are regular employees. As temporary employees, interns may not participate in VA retirement programs.

**Holidays and Leave:** Interns receive the 10 annual federal holidays. In addition, interns accrue 4 hours of sick leave and 4 hours of annual leave for each full two week pay period as an intern, for a total of between 96 and 104 hours of each during the year.

**Authorized Absence:** According to VA Handbook 5011, Part III, Chapter 2, Section 12, employees, including trainees, may be given authorized absence without charge to leave when the activity is considered to be of substantial benefit to VA in accomplishing its general mission or one of its specific functions, such as education and training. Application of this policy may vary from year to year, so questions must be directed to the Training Director.

**Liability Protection for Trainees:** When providing professional services at a VA healthcare facility, VA sponsored trainees acting within the scope of their educational programs are protected from personal liability under the Federal Employees Liability Reform and Tort Compensation Act 28, U.S.C.2679 (b)-(d).
### Internship Admissions, Support, and Initial Placement Data

**Date Program Tables are updated:** 7/30/18

#### Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on resident selection and practicum and academic preparation requirements:

<table>
<thead>
<tr>
<th>Applicants must meet the following criteria to be considered for this internship.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. U.S. citizenship. VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns and fellows must complete a Certification of Citizenship in the United States prior to beginning VA training.</td>
</tr>
<tr>
<td>2. A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any US government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Exceptions can be granted only by the US Office of Personnel Management; exceptions are very rarely granted.</td>
</tr>
<tr>
<td>3. Interns and Fellows are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.</td>
</tr>
<tr>
<td>4. VA training occurs in a health care setting. Some of the patients served by VA are elderly or infirm, and could succumb to common illnesses like influenza. It is important to be able to document that your vaccinations are up to date and that you have been screened for active tuberculosis prior to starting your training at VA or other hospitals. Securing a statement from university student health center, your regular health provider, or an urgent care clinic can expedite your appointment. Additionally, maintaining a current flu vaccination during the training year (or taking additional preventative measures to limit patient exposure to the flu) will be required. Please discuss this with the program training director after you have matched and well before to your start date to facilitate your onboarding.</td>
</tr>
</tbody>
</table>

#### Additional Eligibility Criteria for Internship

1. Doctoral student in good standing at an American Psychological Association (APA) or Canadian Psychological Association (CPA)
accredited graduate program in Clinical, Counseling, or Combined psychology or Psychological Clinical Science Accreditation System (PCSAS) accredited program in Clinical Science. Persons with a doctorate in another area of psychology who meet the APA or CPA criteria for respecialization training in Clinical, Counseling, or Combined Psychology are also eligible.

2. Approved for internship status by graduate program training director.

Selection Process
A selection committee composed of psychologists involved in training reviews applications. Applicants may seek consideration for one or multiple tracks. We seek applicants who have a sound clinical and scientific knowledge base from their academic program, strong basic skills in assessment, intervention, and research techniques, and the personal characteristics necessary to function well in our internship setting. Our selection criteria are based on a "goodness–of–fit" with our practitioner-scientist model, and we look for interns whose training goals match the training that we offer. The McGuire VA Medical Center in which our training program resides is an Equal Opportunity Employer; we are committed to ensuring a range of diversity among our training classes, and we actively recruit and select candidates representing different kinds of programs and theoretical orientations, geographic areas, ages, racial and ethnic backgrounds, sexual orientations, disabilities, and life experiences.

Interview Process
In-person or phone interviews are required of all applicants who make the final selection round. In person interviews will take a full day (8:00 am to 4:30 pm) and involve an informational session with the training directors, two formal interviews with training staff, a tour of our clinical and research facilities, an informational session with current interns, and an extended lunch (provided) with opportunity to meet staff supervisors from all clinical rotations, adjunctive and research training experiences. For the current selection cycle, in-person interviews will take place on January 4th, January 7th, and January 11th, 2019. Applicants will need to be available to interview on those days should they be invited for an in-person interview.

<table>
<thead>
<tr>
<th>Does the program require that applicants have received a minimum number of hours of the following at the time of application? If yes, indicate how many.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Direct Contact Intervention Hours: Yes Amount: 250</td>
</tr>
<tr>
<td>Total Direct Contact Assessment Hours: Yes Amount: 50</td>
</tr>
</tbody>
</table>

Describe any other required minimum criteria used to screen applicants: The program does not have additional screening criteria.
### Financial and Other Benefit Support for Upcoming Training Year*

<table>
<thead>
<tr>
<th>Benefits Provided</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Stipend/Salary for Full-time Interns</td>
<td>$26,942 per year</td>
</tr>
<tr>
<td>Annual Stipend/Salary for Half-time Interns</td>
<td>Not Applicable</td>
</tr>
<tr>
<td>Program provides access to medical insurance for intern?</td>
<td>Yes</td>
</tr>
<tr>
<td>Trainee contribution to cost required?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of family member(s) available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of legally married partner available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Coverage of domestic partner available?</td>
<td>Yes</td>
</tr>
<tr>
<td>Hours of Annual Paid Personal Time Off (PTO and/or Vacation)</td>
<td>Yes</td>
</tr>
<tr>
<td>Hours of Annual Paid Sick Leave</td>
<td>Yes</td>
</tr>
<tr>
<td>In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?</td>
<td>Yes</td>
</tr>
</tbody>
</table>

**Other Benefits (please describe)**

- **Holidays**: Interns receive the 10 annual federal holidays.
- **Authorized Absence**: According to VA Handbook 5011, Part III, Chapter 2, Section 12, employees, including trainees, may be given authorized absence without charge to leave when the activity is considered to be of substantial benefit to VA in accomplishing its general mission or one of its specific functions, such as education and training. Application of this policy may vary from year to year, so questions must be directed to the Training Director.
- **Liability Protection for Trainees**: When providing professional services at a VA healthcare facility, VA sponsored trainees acting within the scope of their educational programs are protected from personal liability under the Federal Employees Liability Reform and Tort Compensation Act 28, U.S.C.2679 (b)-(d).

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.*
### Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts) 2015-18

<table>
<thead>
<tr>
<th></th>
<th>Postdoc Position</th>
<th>Employment Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total # of interns who were in the 3 cohorts</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Community mental health center</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Federally qualified health center</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Independent primary care facility/clinic</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>University counseling center</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Veterans Affairs medical center</td>
<td>11</td>
<td>2</td>
</tr>
<tr>
<td>Military health center</td>
<td>2</td>
<td>NA</td>
</tr>
<tr>
<td>Academic health center</td>
<td>1</td>
<td>NA</td>
</tr>
<tr>
<td>Other medical center or hospital</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Psychiatric hospital</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Academic university/department</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Community college or other teaching setting</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Independent research institution</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Correctional facility</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>School district/system</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Independent practice setting</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Not currently employed</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Changed to another field</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Other</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>Unknown</td>
<td>NA</td>
<td>NA</td>
</tr>
</tbody>
</table>