The Richmond Polytrauma Rehabilitation Center (PRC) offers short-term admissions to inpatient rehabilitation for comprehensive interdisciplinary evaluation and treatment planning for individuals with a history of Traumatic Brain Injury (TBI) and ongoing functional deficits. These evaluations help determine the range and types of services needed to manage the full scope of medical, rehabilitation, and psychosocial sequelae resulting from combat-related and other injury and the most appropriate setting in which to deliver those services. Members of the team administer a variety of assessments and collaborate to integrate results and recommendations. Suggestions for optimal care settings vary depending upon the extent and severity of injury, family and institutional support, and availability of services in the community.

Cognitive and psychosocial assessment:
Cognitive and psychological assessments are conducted via observation, interview with patient and family/support system, and neuropsychological and psychological testing. While all team members are involved, this is formally assessed by the neuropsychologist, speech pathologist, occupational therapist, psychologist and social worker. Cognitive domains examined include Attention/Concentration, Language, Memory, Visual-Spatial, Motor, and Problem Solving and Executive Functioning. Psychological assessment includes evaluating personality and/or adjustment factors that may affect treatment or that could be a focus of treatment itself. This includes combat stress, other anxiety issues, and depression symptoms, family systems issues, and behavioral problems such as substance use. Education is provided to patients, providers, and family members.

Physical and healthy lifestyle assessment:
Physical assessments are conducted by a physical therapist, occupational therapist and kinesiotherapist, with medical assessments conducted by a physiatrist. The focus of these assessments is to determine the maximum level of functional independence attainable and to determine treatment methods to optimize this functioning. Lifestyle assessments focus on aspects of healthy living including nutrition, physical fitness, and recreational activities. A recreation therapist is involved to assist with reintegration to the larger community.

The evaluation is conducted in a supportive interdisciplinary environment where therapists work with individuals daily to assess physical, cognitive, behavioral and psychological functioning and then provide short-term therapy to address deficits and enhance day-to-day living. **The goal of this program is to provide a comprehensive evaluation and provide treatment recommendations in collaboration with the individual and his or her family for the next step in his or her recovery process.** Referrals for specific assistive/adaptive devices and equipment are provided as necessary.
Admission Criteria
The individual:
- Has medical rehabilitation needs as well as need for management of associated conditions
- Is behaviorally stable with no active suicidal nor homicidal ideation
- Has sufficient support structure to allow discharge to safe environment
- Can participate in an intensive 5-day evaluation program

Interdisciplinary rehabilitation team
- Physiatrist
- Social Work
- Psychologist
- Neuropsychologist
- Speech & Language Pathology
- Occupational Therapy
- Physical Therapy: Balance assessment and Vestibular therapy
- Recreation Therapy: reestablishing leisure, Therapeutic Community Outings
- Kinesiotherapy – Health & Wellness, Driving
- Optometry & Visual Rehab

For more information about the 360° evaluation, please contact the Admissions Case Manager Pat Rudd at 804-675-6548.