Mission

To provide a program of comprehensive vocational and physical rehabilitation for injured Servicemembers and Veterans that will facilitate successful return to military, federal or civilian employment.
Key Program Features

- Residential program
- Interdisciplinary team approach
- Transitional and Vocational Rehabilitation focus
- Physical rehabilitation with focus on health and wellness
- Facilitation of Medical Board (MEB) completion
Facilities
Polytrauma Transitional Rehab Center
Facilities

10 Bed program located in the Polytrauma Transitional Rehabilitation Center

Transitional Common Area

Patient Room

STAR Program Social Area
Fisher House is located directly across the street from the Polytrauma Transitional Rehabilitation Building.
Bridge to New Career

- Vocational Specialists provide individualized counseling and intensive support services
- Formal Functional Capacity Evaluations
- Wide variety of on-site skills training and community-based vocational experiences (local, federal, and national employers)
- Objective long-term outcomes and employment satisfaction
### Vocational Rehabilitation Opportunity Examples

<table>
<thead>
<tr>
<th>Employers</th>
<th>Types of Jobs</th>
<th>Opportunities Offered</th>
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</thead>
</table>
| Dominion Resources | • Engineering Careers  
                     • Math and Science Careers (i.e., Biologist, Chemist, Environmental Scientist);  
                     • Professional Careers (i.e., Accountant, Auditor, Human Resources, Information Technology, Security);  
                     • Technical Careers (i.e., Electrical & Electronic Installer and Repairer, Occupational Health);  
                     • Craft Careers  
                     • Customer Service and Administrative Careers | • Online resources  
                     • Speakers for educational opportunities  
                     • opportunities to job shadow  
                     • One-on-one mentoring with veterans who work at Dominion  
                     • Willing to explore work experience opportunities  
                     • Access to energy consortium across the country for jobs within the energy field  
                     • Ability to network and assist with job placement nationwide. |
Vocational Rehabilitation Opportunity Examples

<table>
<thead>
<tr>
<th>VCU Medical Center</th>
<th>All health / medical careers (i.e., Allied Health, Nursing, Sterile Supply, Medical Records and Coding, Physical Therapy, Occupational Therapy, X-Ray/Imaging, etc.)</th>
<th>Job shadowing and work experiences for any position</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>• IT</td>
<td>• Informational classes with any discipline of interest within MCVH</td>
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<td></td>
<td>• Administrative</td>
<td>• Child care</td>
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<td></td>
<td>• Call Center</td>
<td>• Volunteer and temporary positions for family members</td>
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<tr>
<td></td>
<td>• Human Resources</td>
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<td>• Materials Management, etc.</td>
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Facilitation of Medical Board (MEB)

- Medical Board able to be completed while enrolled in program
- Integrated Disability Evaluation System (IDES) Program at Richmond VA Medical Center
- Medical and Surgical Specialty Services available
- Facilitation of Narrative Summary (NARSUM) completion
Additional Program Features

• Psychology and Mental Health Services

• Intensive education and transition assistance program for Servicemembers and Family

• Adaptive Sports and Recreational Opportunities
Recreation and Adaptive Sports

- Air Rifle
- Archery
- Basketball
- Billiards
- Bowling
- Cycling
- Field Events
- Fishing
- Golf
- Horseback Riding

- Kayaking
- Racing
- Rock Climbing
- Rowing
- Skiing
- Softball
- Swimming
- Table Tennis
- Tennis
- Volleyball
Referral Considerations

- Injured active-duty Servicemember or Veteran
- Medically able to participate in aggressive physical and vocational rehabilitation programs
- Likely to benefit from a structured transition program in a residential living setting
- Goals indicate a strong potential for rehabilitation and return to gainful employment in the military, federal, or civilian setting
Referral Process

• Referral is made via telephone or email contact to the STAR program RN Case Manager or VA Healthcare Liaison

• Once the referral is made, the referral source receives the pre-admission packet which can be returned via facsimile

• The pre-admission packet is reviewed by the Case Manager and Medical Director, a decision regarding appropriateness for admission is made within 24 hours

• The decision is communicated by the STAR RN Case Manager
Referral Contacts

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